



CONGRATULATIONS TO THE CPR HEROES!

So we have reached the end... almost! One more week to go filled with all sorts of exciting activities. There will be celebrations and goodbyes, but importantly the last week gives us time to focus on our achievements as a community and to reaffirm our commitment to being caring, principled and reflective in our words and actions. Recent events show that the need for such individuals is as great as it has ever been, and I am glad that our students continue to embody these important traits.

EARLY YEARS

A well-deserved congratulations goes to all friends in PS1, 2 and 3 for their positivity, eagerness to learn and adaptability and communication throughout remote learning. It is amazing to see how they have adapted in these ever-changing circumstances. I am also glad to once again recognize **Nil Mira** in P1 for being a good friend to students old and new by helping out with transitions and translations, excellent work!

PYP2-6

Erik (P2) has shown maturity and care this week by conducting independent research into the underlying causes of racial tensions in the USA, building knowledge and respect through understanding. **Nikita** (P3), **Bilim** (P4) and **Murad** (P6) have also been similarly active in engaging with all of the different global issues and cultures that have been studied as well as taken ownership of their own learning and supporting others in their work too.

MYP

In MYP2, **Churek** has continued to show care for her studies by staying up-to-date and communicating with her teachers, and multi-level commendation goes to **Sam, Maddie, Sebastian** and **Ava** who have all continually engaged enthusiastically with their studies in Spanish.

IGCSE

I'm happy to say, and not for the first time, that **Bakai** has been recognised for his sustained effort and kindness towards those around him. He has come a long way over the last year, and can be proud of his achievements in IGCSE1.

DP

From Ms Makiko, a heartfelt thanks and congratulations goes to **you all!** Whether you are moving on to your next adventure or remaining with us to face down DP2, you have so much to be proud of and your teachers all wish you the very best.

The end of the year is almost upon us, but not the end of the goals of CPR. It is hard to be these things all the time; sometimes we forget, sometimes we fail but - if we can keep striving to be caring, principled and reflective - we will be able to slowly make changes in our lives and the world around us. Small changes lead to big changes, and we can help to make that happen through commitment and effort.

Mr. Darren, Head of Student Welfare

TAIGANS @ HOME!

As we get to the end of the school year, reflection becomes increasingly popular. Here is one of my favourite writing activities that incorporates reflecting on the world around us.

Be Completely Silent for 60 Seconds - Writing Experience

Materials: pencil, paper, timer

- ★ In a world where there are so many distractions, it's amazing what we notice when we're silent
- ★ Set a timer for 60 seconds and pay close attention to all the sounds you hear and thoughts you have in that short amount of time
- ★ Write down what sounds you heard, what thoughts came to mind
- ★ Challenge: Try to challenge yourself to do this for 120 seconds - then 240 seconds - it is really nice to try to do this in the morning and listen to all the sounds that are going on before the day has started and the city is bustling



Share your writing pieces with me (kgandhi@bis.kg) or Ms Bojana (baskovic@bis.kg) to receive 10 house points!

Reading Buddies!

We received a last minute Mixed Media Art entry from Arya in P2S last week! We love this Kyrgyzstan-inspired art piece, Arya!



This week, Ms Stephanie continued exploring a graphic novel called 'Ghosts' with our reading buddies! Whilst graphic novels have drawings, illustrations, and sometimes photos they also help our readers decode, analyze, and comprehend text! They are fantastic resources for young readers to understand cause, effect and perspective. Here at BIS, we have found graphic novels to provide a perfect combination of text and pictures which captivate often reluctant readers. With plots that twists and turns just like many good novels, characters to relate to and

problems or conflicts to solve, graphic novels can support reading skills just as much as more traditional literature and genres - there's just a few more pictures to support reader development and understanding.



Galaxy Go Getters

All of our Primary Students have been working tremendously hard this week! The below students have been awarded Galaxy Go Getters for going above and beyond in their learner profile development!

Primary 1: All p1 for doing an amazing job researching endangered animals last week!

Primary 2A: This week **Linus** eagerly explored his curiosities and inquiries as we went on a virtual field trip to the Smithsonian National Museum of Natural History. **Alan T.** has confidently taken risks during our daily live lessons when answering questions and tackling new concepts. **Olivia** has done a wonderful job of sharing her knowledge and striving to learn more in every lesson this week. Wonderful work, everybody!

Primary 2S: **David** for being Caring; David asks about his friends and cares about completing his exit tickets.

Primary 3: **Zhanel**, for being principled and participating in meetings. **Rimma, Neslihan, Ahyeon, Nikita, Aman, Sofia Eva, Henri, Arthur** and **Robbie** for being amazing thinkers and communicators!

Primary 4: **Lev**, for consistent attendance and participation. Your sense of humour is appreciated by the whole class!

Primary 5: Our class has been learning about gender equality. We listened to stories about women in math from around the world, and the challenges that they faced. **Carys** was so interested in these stories that she put on her inquirer hat and did more research. She sent me an email about a female engineer named Debbie Sterling, the CEO of Goldieblox, that she found in her search. You can learn more about her [here](#). Way to go, Carys!

Primary 6: **Saikal T** has been very reflective in her journal entries about the last few chapters of our Nowhere Boy novel study. She took time to write complete, thoughtful paragraphs in response to the sentence prompts. Good job Saikal!

PYP Team

U6 SUMMATIVE: WHO ARE REFUGEES?

Check out the presentation of summative assessment from [Zeynep](#), P6A.



WHO SAID “ASSESSMENT IS NOT FUN”?

I am thrilled to share this precious masterpiece by our IGCSE1 student Aliya Lu from my Japanese class. The summative assessment at the end of this year was a project to create a short story book of any kind. After focusing mainly on reading during remote learning upon request, the requirements were to have one story with at least 20 sentences, using various grammar such as different tenses and forms. The story had to be over a minimum of 10 pages, while pictures were not mandatory to include, although they were encouraged!

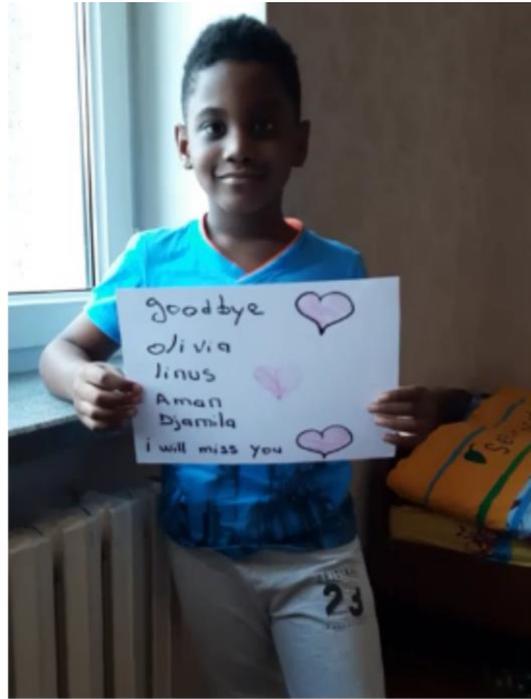
And look at what this 14-year-old has created ([link](#))! Even if you do not read Japanese, you can probably see how neatly the characters are written, including Chinese ones, and how talented Aliya is in drawing and coloring. I first thought she used the font and some suitable pictures from the internet or app, even though I knew her handwriting and drawings from class... and then realized on the page that the squirrel (her name is Stella-chan, by the way) had a kalpak on! I am incredibly impressed and believe that this represents Aliya's interdisciplinary portfolio for Japanese and Arts.

Instead of disliking 'assessment' because of its name, BIS students, I hope you find it as an opportunity to show your knowledge and talent. Hopefully you may even feel joy and excitement when your teachers start telling you “Ahem, so you will have a summative...”!



Ms. Makiko, Japanese Language Teacher

BIS Snapshot: Taigans at Home



MYP2 DESIGN UNIT PROJECT

Quarantine has revealed that programmers are less affected by remote working conditions. That is why I decided to introduce my MYP2 students to basic web programming skills, and they completed the whole unit distantly with great success! Although nowadays there are many templates and platforms that allow people to create websites without any coding, it is essential to understand what's happening behind the scenes. Check out students' works:

- [How to take care of cats](#)
- [How to take care of dogs](#)
- [All about waffles and pancakes](#)
- [How to cope with boredom during quarantine](#)
- [Things to do in quarantine](#)
- [Origami](#)

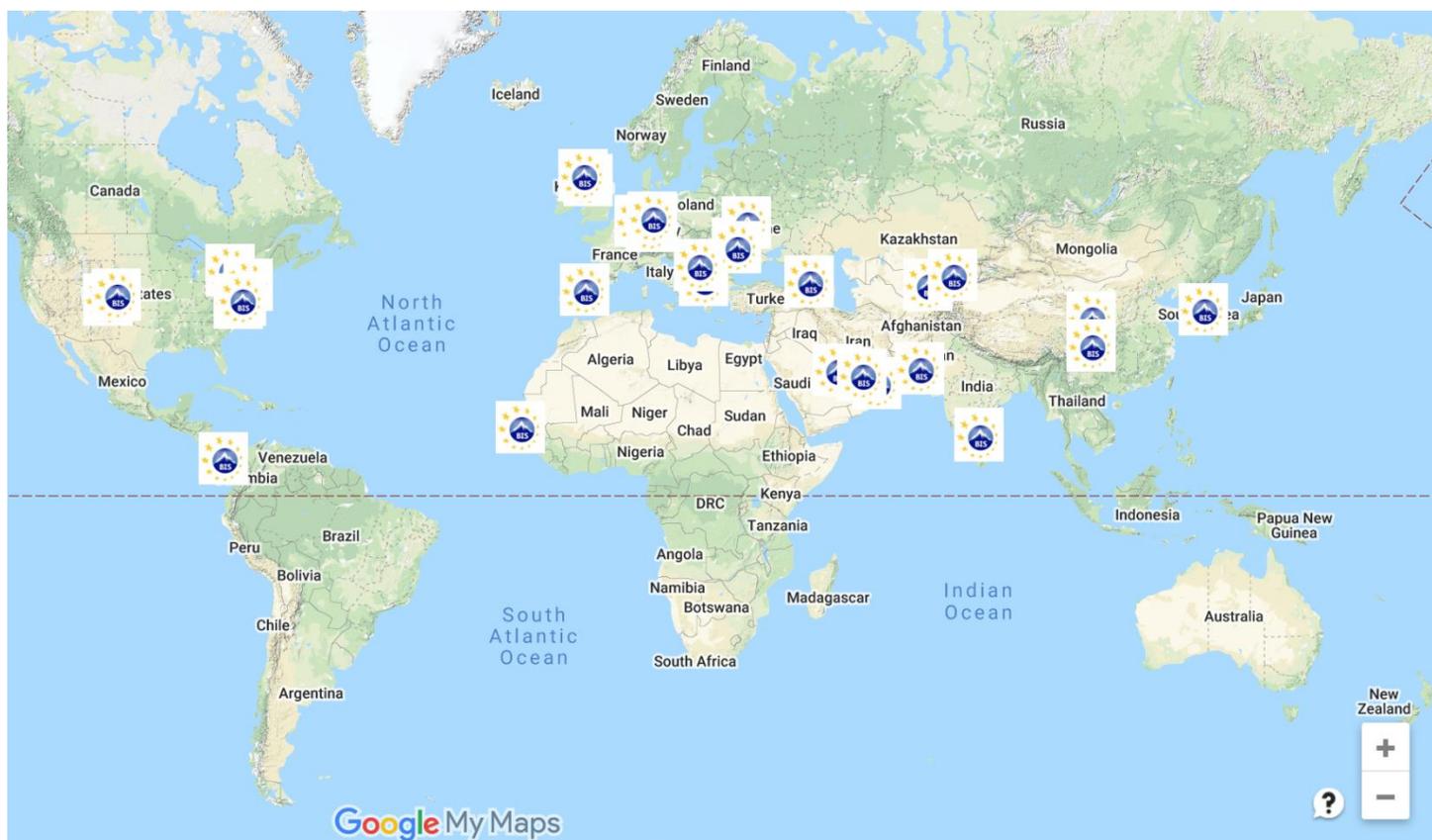
Ms. Adelia, Design and Math teacher

TRAVELING TAIGANS VIRTUAL MAP

Every year as we prepare to say farewell to students who are continuing on to a different school or location, we prepare a map in the BIS Cafe to celebrate these next steps of their journeys.

This year, we have created a digital map to celebrate these students. Please join us in wishing them well on the next part of their journey!

[Traveling Taigans Virtual Map](#)



DP2 GRADUATION - REFLECTION DINNER



On Thursday evening, we had an online Pre-Graduation Reflection Dinner with the class of 2020 (aka 'pandemic graduates'), their family members and BIS staff to reflect the two-year journey of the students and to send wishes. Some students gathered in person to join the event and others did so with their families.

The evening started with photos of childhood memories alongside pictures of our students all grown up, and a [Kahoot!](#) game in which we all guessed hidden facts about our students. Our proud MCs were Jibrán Jamil, who brought a

cheerful mood to the evening (as he did with his classes), and Kipling Lu, who showed his capabilities in the Russian language. Opening remarks were given by David Grant, Head of School, followed by congratulatory speech by myself. DP staff individually gave comments and farewell wishes to each student, and the students also shared their personal reflections and gratitude for their teachers and families. Aigerim Zhusubalieva created a funny but moving class video bringing to life all the incredible moments to be remembered. Then the floor was open to parents, and many of them expressed their warm congratulations to their children and messages to BIS staff. A fantastic alumni video was shared by Nazira



Tursalieva, BIS Alumni Officer, in which our alumni from 2018 and 2019 shared messages. (We were taken aback by how grown-up they now look!) Our 'last but not the least' highlight was [the farewell music performance](#) by Alibek Niyazov on his saxophone and Arslanbek Zhaparov showcasing his piano and singing.

It is a pity that we cannot meet in person to celebrate our students' completion of this two-year journey that required so much effort from them. It is regretful that we cannot pat them on their shoulders, give handshakes, or give hugs for the last time before they go their separate ways. However, we



would like our students to know that they have been our joy. They have been the reason why we work at BIS. Coming from local schools, from other international schools, or from IGCSE in our school, we cannot express in words how much pleasure and brightness these students have brought to BIS.

Finally, a special thanks to Ms. Anastasia who has been working extremely hard until the very end of the school year to make these graduation events happen. Without you, we could not have reached this point.

For our proud graduates under the pandemic:

*Just like moons and like suns,
With the certainty of tides,
Just like hopes springing high,
Still I'll rise*

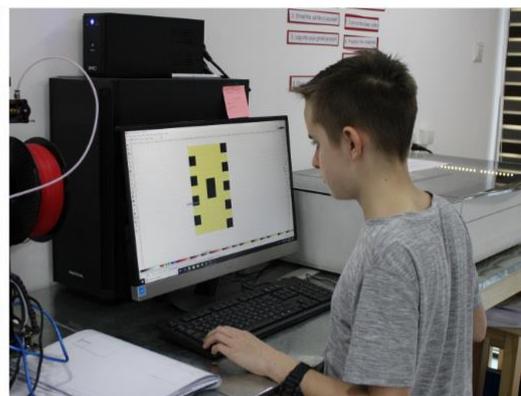
*Я – как прилив в порыве гордом,
Как солнце, что развеет грусть,
Как месяц над холодным фьордом,
Воспрянув духом, поднимусь.*

Excerpt from "Still I rise" by Maya Angelou

Our celebrations for our Diploma Programme students continue this evening with our official Graduation Ceremony. Tune into next week's Voices to hear more about this very special event.

Ms. Makiko, DP Coordinator

BIS Snapshot: BIS Leavers



LET'S TALK TRANSITION

This week, the Transition Committee hosted an evening discussion with Katja Aegerter and Alexandra Savidge following on from last week's RAFT article and further communication about supporting students through change.

Below are a few highlight questions and answers from the evening's discussion:

Question: What signs or behaviors should we look out for or be worried about during the transition period?

Answer: Showing feelings during a time of transition or change is a normal reaction so try to give parental support. Not showing feelings during this time can actually be more concerning. Having said that, you know your child best, so if you notice something that doesn't seem normal for your child you may want to seek additional support via Ali (school counselor). This could include regressions in behavior, bed wetting or sadness persisting over time.

It's also important to note that teenagers often may not want to talk through their feelings with parents and that is ok. This important thing is that you offer the support and remind them you are there. They may not want to open up to you straight away but they should know you are there to listen if they do want to communicate at any point.



Question: When and how is the right time to talk to children about change?

Answer: Farewell processes are an important part of saying goodbye. It's helpful to start informing your children early on in the transition process (e.g. application, selection, decision, etc.). If students know what is coming up, it will allow them to better process their emotions and feelings. They should have the opportunity to say goodbye to places and connections, and should feel some sort of ownership of, or voice in, the change. One idea is to have a family calendar so different steps in the change are explicitly looked toward as a family or you could have your child take age appropriate helping roles in the run up to a move is important to say goodbyes (ie: young child can decorate their packing boxes).

Question 3: At 7 years old, my children are already living in their third country. I'm worried about them maintaining friendships. Do you have any suggestions to encourage this?

Answer:

Definitely encouraging children to keep up key relationships is an important thing. This could be with friends they've met in their current country or friends from their home country too. When students have friends in a home country that they see once a year, it can provide a sense of consistency. Though, of course, if you can allow them to see or meet up with friends in other countries too, then that's fantastic.

One helpful strategy is showing your children that maintaining friendships over time or distancing isn't impossible. If they can see you, their parents, keeping up with friends who are no longer in the same city as you, this will give them a feeling of long-distance friendships being achievable. **Question:** Can or should my child maintain the identity of their home country or be a "Global citizen?"

Answer: As parents you can decide what is important for your family in what values, and identities are important be it national, religious, cultural, etc. It would be helpful for the



child to feel a sense of belonging in their immediate and extended family relationships so they have a sense of security. You can help them keep connections to the home country by visiting, connecting with grandparents or extended family, visiting special places in the home country, and keeping special family traditions wherever you go in the world. Ultimately your child will develop their identity in which way suits their personality, though they may never develop the same level of identification with your home country as you might have.

Question: How can my child make friends at their new school even if there is social distancing and lots of 'new reality' rules?

Answer: It's important, whether there are restrictions or not, to do everything you can to prepare your child in different ways. This could include: visiting their new school in advance; going see the rooms, and meeting their new teachers. All of these can be done virtually/through video conferencing too! We'd also recommend creating a personal story book focusing on their new school and possible actions they may come across in terms of staying safe. Please remember that your school will be going through this journey with you so teachers will be doing lots to support new students' adjustments at this time. Using the language of teamwork and experiencing and tackling this together could help. In some ways, it can be a continuation of the CoronaVirus related conversations you may have already been having.



Katja's final reflections: Three pillars that allow for a successful change are transparency, open communication and involvement. I recommend involving your children in whatever you can, and it will give them a sense of being part of something special, and a sense of being an integral part of a democratic family with an equally important contribution and vote. The more they are being heard and involved, the more they are willing for compromises. They should feel like they have a voice. With all my research and experience, I embrace this lifestyle for myself and my children.

Alexandra's final reflections: Focus on comforting your children during this time; aim to understand their feelings and validate their feelings. Allow them to feel upset initially about changes. If your child is showing ongoing stress or resentment following a change, try asking, 'What can we do to help you feel a little better right now?' Encourage them to take the changes one day at a time. With support, your child should start to adjust comfortably. They may still miss their old school, friends and life, and nostalgia is normal, but they should start to build new connections too.

Top Tips On Socially Distanced Goodbyes

Exchange cards, emails, videos, pictures

Create a farewell video including music and pictures from the country you are leaving and share it with special people from that country

Have "goodbye for now" video chats or social distance meetups with masks

Make a plan to stay in touch

Save souvenirs and memories from school, the city, and friends.

Exchange personal gifts (friendship bracelets, toys, cards, pictures) at a social distance

Exchange contact details

Write farewell letters/cards by hand and take pictures to send them will be a little more personal

Make a last farewell cruise through the city to all important points and say goodbye

When all your boxes and furniture have left, take a last tour through the house and thank it for being a home for 2/3/4 years.

Take the children to the school one last time to say their farewells to the building, classroom and playground



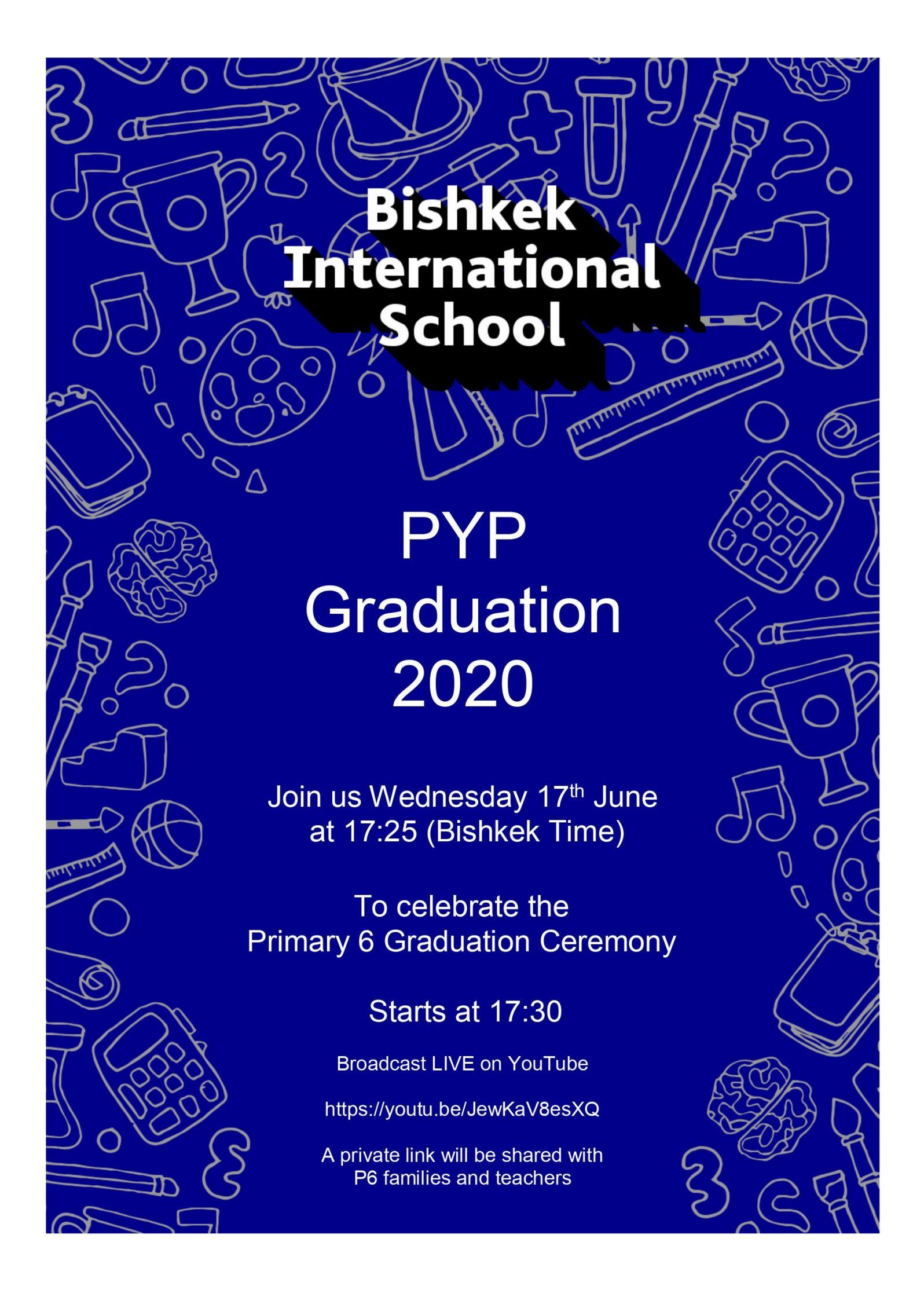
**Bishkek
International
School**

Invitation



**to celebrate the
PYP Graduation**

Join us Wednesday 17th June at 17:25



Bishkek International School

PYP Graduation 2020

Join us Wednesday 17th June
at 17:25 (Bishkek Time)

To celebrate the
Primary 6 Graduation Ceremony

Starts at 17:30

Broadcast LIVE on YouTube

<https://youtu.be/JewKaV8esXQ>

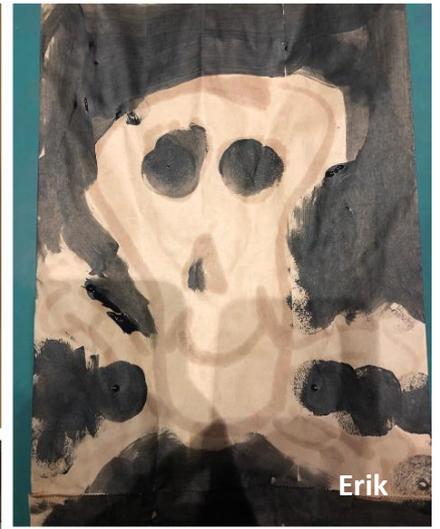
A private link will be shared with
P6 families and teachers

ART CHALLENGE

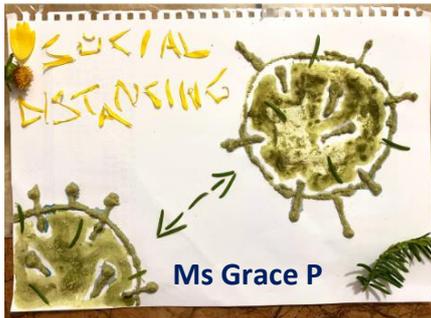
Buyannemekh



Maddie



Erik



Ms Grace P



Laura



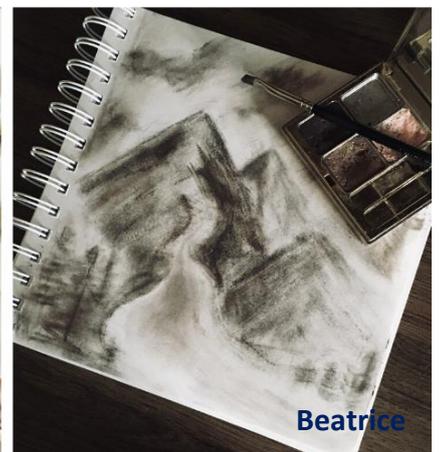
Arya



Jessica



Carys



Beatrice

- **Arya, P2S** used Turkish coffee, mustard and salt.
- **Beatrice, MYP1** used eyeshadow and transparent nail polish.
- **Ms Grace P** used flour+salt+plant to draw the coronavirus, and used flowers for lettering.
- **Erik, P2A** used a paper bag, furniture polish with a q-tip, and black shoe polish.
- **Laura, MYP2.** The wrist is contoured with dark brown eyeliner and colored in with black mascara. The flag: red – strawberry, orange - apricot juice, yellow - candy wrappers, green - plant leaves, blue - candy wrappers and box from chocopie, purple - beet juice.

BALANCE AND ENDURANCE CHALLENGE

Right leg balance

1st place (100 points)

Yuri
Dasha
Arisha
Javid
Jahn
Kyra

2nd place (75 points)

Erik

3rd place (50 points)

Yorali
Neslihan
Humay



Left leg balance

1st place (100 points)

Yuri
Dasha
Javid
Kyra

2nd place (75 points)

Yorali

3rd place (50 points)

Arisha
Jahn
Humay
Neslihan
Erik



Plank challenge

1st place (100 points)

Yuri
Arisha
Dasha
Javid
Erik
Neslihan
Humay
Jahn
Kyra
Yorali

UPCOMING EVENTS

- **June 12th 17:30 - High School Graduation** - Zoom graduation with awards, speeches, diploma presentations and recognition for all graduating students in gowns and with awards.
- **June 15th-17th - Parent Teacher Meetings** - Zoom meetings to discuss student reports and areas to focus on before the next academic year. More information will be shared by email next week.
- **June 17th 16:00 – Preschool 3 Graduation** – Zoom Graduation. Private invitations will be sent.
- **June 17th 17:30 - Primary 6 Graduation** – Zoom Graduation. Link for YouTube viewing above. A private invitation will be sent to P6 families.
- **June 18th - Final calls with homeroom and form teachers** - a chance to say goodbye for the summer.
- **June 18th – End of year BBQ** - including live performances and school awards!

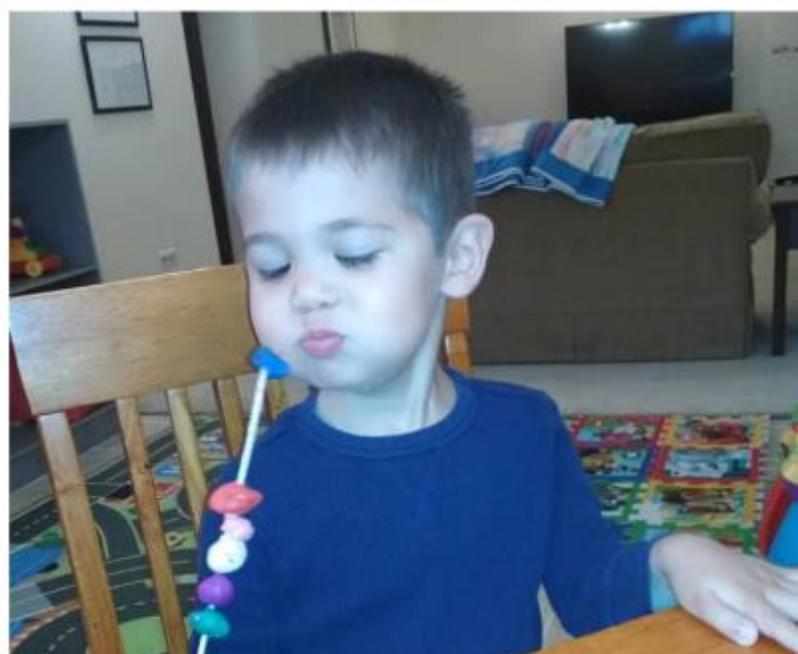


PRESCHOOL 1

This week, the Preschool 1 friends repeated the “All About Me” unit that we studied during our first semester. We talked about our body parts, eating habits, dental health, and our feelings. We played a puzzle game by putting all our body parts in the correct place. The next day, our friends made a healthy snack from rainbow colored fruits. Now our friends can talk about how healthy foods like fruits and

vegetables make us strong and helps us to grow. Students also used these foods in a happy and sad teeth activity! Next week, we are going to review our understanding of the living things that we share the planet with and we will have a Tea Party to remember our Preschool 1 journey before we and bid each other a very happy summer holiday.

Ms. Begimai, Preschool 1 Form Teacher

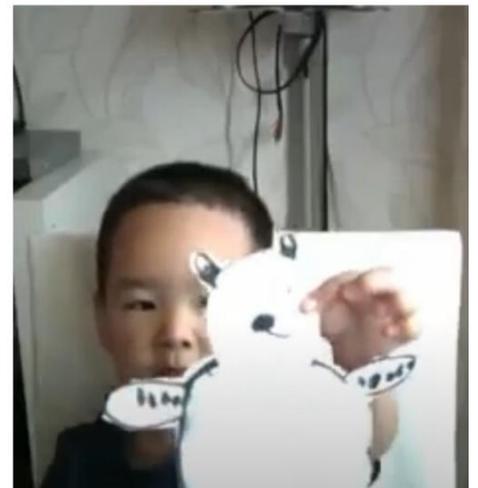
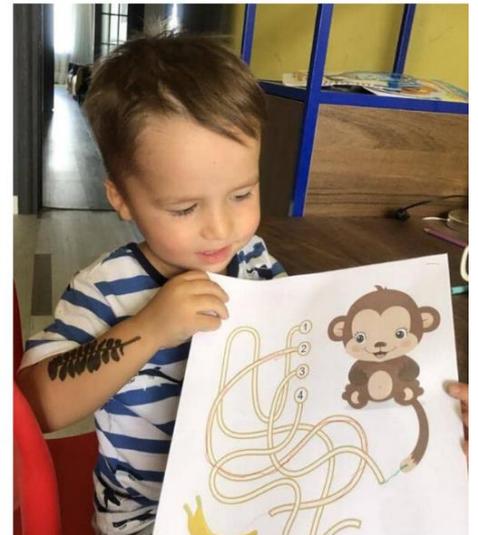


PRESCHOOL 2

Preschool 2 friends spent the week revising the topics of the past year. On Monday and Tuesday, we talked about the animals which live in the coldest and the warmest parts of the planet. Discussing arctic animals, we played a game "Guess the animals by their shade" and to my surprise the children knew the animals and could tell some of the peculiar characteristics such as polar bears can swim in cold water to catch fish or penguins are birds. We mentioned that thick layer of fat and thick fur help the animals stand in severe frost.

After the game, we made cute white bears out of paper and some cotton. The next day we spent talking about jungle animals and the food they like to eat. For the story time we read "Hug" by Jez Alborough. The story is about a baby monkey that lost her mom and jungle animals that help the baby monkey find her mom. After reading, we discussed our favourite moments and chose our favourite animals. For the math activity, we completed a math chart to revise our understanding of number and quantity.

Ms. Oksana, Preschool 2 Form Teacher



PRESCHOOL 3

What an amazing week for our Preschool 3 friends. This week our friends baked cookies to learn about addition, did a lava lamp experiment during one of our

class calls and sang some new fun songs about colours. We are now preparing for our graduation that will take place next week.

Ms. Carmen, Preschool 3 Form Teacher, Head of Preschool

