



Bishkek International School

voices



Newsletter for BIS Parents and Friends. No: 29 / 2020-21

16th April 2021

2021 BISA VOLLEYBALL TOURNAMENT

On Saturday, April 10, a BISA volleyball tournament was held at the American school Bilimkana. It was the first sporting event after 14 months in which we had students from different schools attending. Besides 5 teams from our school, students from Bilimkana and UWIS also participated. For our Junior varsity teams, 24 students from our school played! We had 18 more from Varsity join in the tournament. In total, that is about a third of all BIS secondary students! We've been giving special attention to volleyball since the beginning of the year – and it's paying off! Why volleyball, you ask? Last year, our sports season was interrupted just before the volleyball tournament,



and we wanted our students to finish what they started and to do so in style!

Volleyball is a sport where physical contact is almost impossible. The most important reason for this year's volleyball phenomenon is that students played together in mixed gender teams. It is actually the biggest win in this tournament.

Our teams played with an even number of girls and boys. That means more to us than victory. We sent a message to all schools and raised the standard.

We will see what the future will bring and whether there is a chance that other international schools will follow us!



I would like to thank the parents for their trust, as well as the students and teachers who respected the Covid protocol without exception. The tournament would not have been possible without the support of Ms. Nargiza and Ms. Munara. It was necessary to get permission for the tournament during Covid. Our maintenance team and Mr. Ermek prepared everything even though the competition was in another school. Thanks to Ms. Anna, Ms. Alina, Mr. Slava and Mr. Faez for coaching and spending the whole day with the students!

[Click here to see the results!](#)

Mr. Zeljko, Athletics Director

CPR, BROc AND KTI AWARDS

A huge well done to our following award winners:

CPR (Caring, Principled, Reflective):

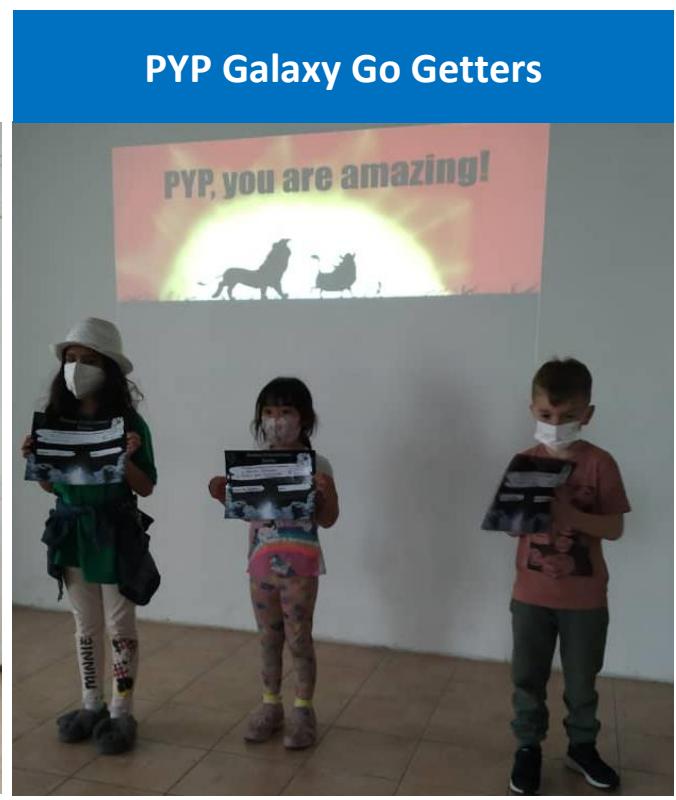
Lemar (P3), Elija F (P3), Bilim (P5), all IGCSE2, Chynybek (DP1),

BROC (Balanced, Risk-Taker, Open-Minded, Communicator):

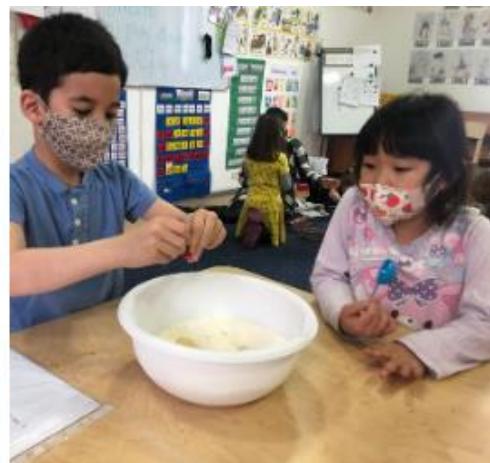
Abriel (P2), all IGCSE2

KTI (Knowledgeable, Thinker, Inquirer):

Nathan (P1), Alan J (P3), Amanda (P4L), Arseny (MYP1), all IGCSE2, all DP2



DID YOU KNOW THAT IN P1 WE MAKE OUR OWN “PLAYDOUGH”?!



First, we carefully measure the ingredients, then we add some food coloring, and lastly, we mix, mix, mix! This is a great sequencing activity for kids. There are many recipes online for home-made “playdough” but Ms. Kathleen likes to follow this simple one. (Please note, an adult needs to do the part with the hot water):

- 2 cups plain flour (all-purpose)
- tablespoons vegetable oil (baby oil and coconut oil work too)
- 1/2 cup salt
- 2 tablespoons cream of tartar
- 1 to 1.5 cups boiling water (adding in increments until it feels just right)
- gel food colouring (optional)
- once it has cooled, mix and knead the dough well
- place in an airtight container

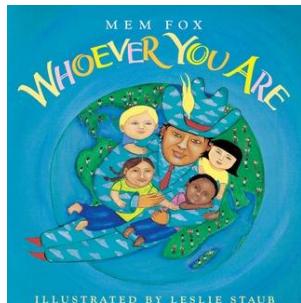


Ms. Kathleen, Primary 1 Homeroom Teacher

CELEBRATING DIVERSITY THROUGH READING BOOKS!

Our today's Read Aloud video is with Ms Sunny – our English Language & Literature teacher and Head of English Department, who is reading a book called "Whoever You Are" written by Mem Fox and illustrated by Leslie Staub.

Every day all over the world, children are laughing and crying, playing and learning, eating and sleeping. They may not look the same. They may not speak the same language. Their lives may be quite different from each other. But inside, they are just like you.



P3 LEARN ABOUT ANIMALS



In Primary 3 we played with animals to learn more about their classification. Learners used a variety of resources to inquire independently and problem solve for how to apply, and extend their learning in selecting the right books, digital resources, and using encyclopedias to discover more about their selected animal's habitat, place in a food chain or food web, and learn more interesting facts about them. We extended our understanding of finding out information for ourselves by looking in the library and learning how to scan books to see if it has useful information. Our next learning steps are to focus in on a self-selected animal for an independent inquiry into this animal's habitat, place in its food chain, and to determine if and how we can protect it.

Ms. Moni, Primary 3 Homeroom Teacher



FINAL EPISODE OF THE LION KING EXPERIENCE DOCUMENTARY



P4L'S EARTHQUAKE SAFETY WORKSHOP



This week, Robbie's dad, Mr Kevin, did a Zoom call with P4 to talk about his real life experiences helping earthquake survivors in Haiti. He showed some fascinating pictures and shared some very powerful insights and information with the children.

After that, P4L investigated all the items which may be needed to pack a Go-Bag, in case of emergencies. They told me that it wasn't 'tooooo heavy' ... They also insisted that children might need their teddy bear to come along, so we let Teeny Tiny Timmy the Sheep sneak in right at the last minute!

Ms. Laura, Primary 4L Homeroom Teacher



Amazing Primary 5 students doing stretching on the dance class



STUDENT COUNCIL PRESENTS: CULTURE DAY

The Primary student council is very excited to present a day of celebrating the marvelous diversity of cultures we have at BIS. On April 23rd the Primary school will have its first “Culture Day” where teachers, learners, and administrators are all invited to participate in a living world museum. The idea came from Can and Sasha’s desire to share what makes us unique and also learn more about our community members in school, as well as helping the wider community build global awareness and understanding.

Children can choose to participate in the living museum, or simply attend the event. If your child is interested in participating, it is a great idea to support them in thinking through what makes their home culture unique, or even assisting them in choosing what culture they could represent as many children in our community have multiple citizenships or homes, and are fortunate enough to have a blend of cultures. Participants can join with another from a culture they identify with and collaboratively determine what they’d like to present to the wider primary school.

- Dress up as your home culture;
- Share your language;
- Bring in pictures of something important from their culture;
- Show on the globe where they are representing;
- Share a custom, such as how people greet each other;
- If they have a no-nut food that is customary from their culture, the ingredients list should be shared in advance with their homeroom teacher who will seek approval to share this as part of the learning experience and culture museum;
- Bring in a flag or other symbols important to this culture and place;
- Other ideas welcome, please do not feel limited to this list;

We look forward to sharing this new culture day with Primary school!



BIS Snapshot: BISA Volleyball Tournament



BIS INTEGRATION BEE

On the 11th of April, BIS opened its doors to Math enthusiasts from all over Bishkek! Integration Bee put to the test some of the brightest and bravest young minds of our city in dynamic timed duels. Unlike the traditional testing format of most mathematical competitions in Kyrgyzstan, Integration Bee gave an opportunity for students to showcase their abilities in an interactive sportive environment.

Kevin Morice (Integration Bee Judge):

A novel experience for a Sunday, many new (masked) faces at our school for 3 hours of thrilling equation duels. A pleasantly large audience for an inaugural event, and a clear winner at the end in both categories. Next year we will smoothen out some issues: What syllabus has been covered? Round robins or elimination? What to do in a tiebreaker when both competitors are stuck? And where is the chocolate?

Still, I was delighted to see so much passion for numbers swirling around, as well as some impressive display of ‘nervelessness’. I’m looking forward to next year’s Integration Bee. Many thanks to Adelia, Akmatbek, Anel, Medina and Ramazan for setting this up.

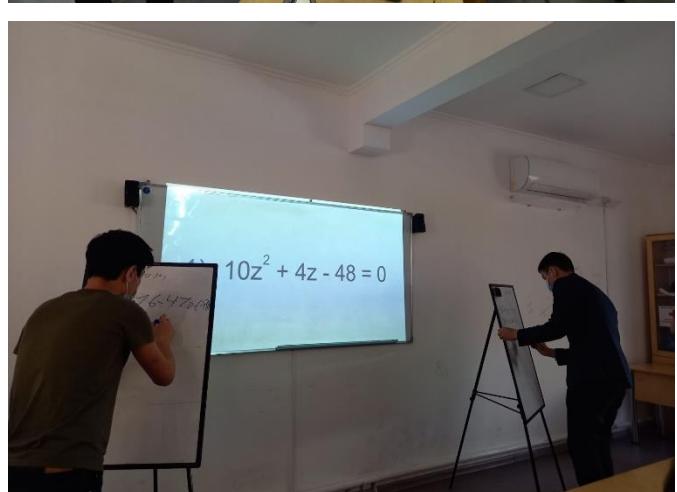
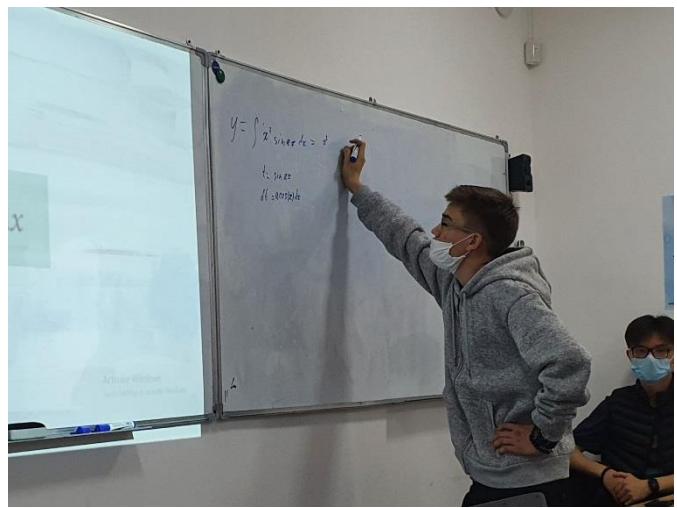
Adelia Kadyralieva (Integration Bee Judge and Supervisor):

First of all, it was great to see the interest from our participants – their shining eyes, emotions and competitive spirit. I was even more pleased with the initiative and commitment of our students and teachers. Lots of thanks go to Akmatbek, Ramazan, Anel, Medina, Mr. Toon and Mr. Kevin - the organizing team of this event. In my opinion, it was a success – some participants asked to host the Integration Bee again next year. I hope we will!

Akmatbek Suleimanov (Head Organizer):

I still can't believe we pulled it off. Merely a bizarre idea with which I was pestering our math faculty in November, now turned into an event that put to the test some of the brightest and bravest young minds of our city in high-school mathematics, as well as our team in organization and commitment. Despite a few flaws, both were a success: we've organised the first-ever mathematical competition at BIS – and of such format in our country – which can keep promoting higher-level math and engaging aspiring mathematicians in our community in the future.

Enormous thanks to everyone involved: the participants (especially Geert and Eldar for valiantly defending our school's honour in calculus), the organizers (Anel, Medina and Ramazan for being on top of things) and the judges (Ms. Adelia, Mr. Kevin and Mr. Toon for patience and support). It wouldn't be possible without you all!



Anel Kenzhebaeva, DP2 Student

Growing Up

by Miko Lamberti Fossati

I have always been a child at heart.
But I think that is the best kind of person to be.
A childish imagination is the best bit of being a child,
It is a golden trophy
in the childish world.

It's imagination that paves the way to a future far from today.
It's imagination that protects us
from the wave that is reality.

Children are so happy
because their imaginations keep them entertained.
But children grow up no longer needing their imagination,
No longer having time to imagine.
I wish they did.

I wish people would stop thinking of childishness as a bad thing
When it is anything but that,
Being childish is being carefree,
It is thinking about dinosaurs and robots,
It is laughing when nothing is funny.
It is not thinking about what comes next.

It is amazing the things children can connect because of their childishness.

Winnie the Pooh

Honey
Tea
Cake
Carrot
Potato
Ketchup
Mayonnaise
Sandwiches

I wish we could see the world the same way they do.
I wish we were childish for longer than we are.

We are searching for our childishness that left us alone.
With not so much as a bone.
Maybe if adults had been more kind.
Then maybe it wouldn't have left us alone.
I wish it hadn't left our mind.

Children never get tired of being childish.
That's just how they are wired.
They don't have to think about getting fired.
They are not tired.
While we are so tired.

They are as energetic as rabbits.
They have to be with their habits.
They run all day.
And don't sleep a wink.
But yet the next day they run like a mink.
Run like the world is chasing them.
Maybe it is.

Their childishness tells them to question everything
From a can of beans to a yellow Rhinoceros.

Why can't we do the same?
Why don't we run all day?
Why did we stop?

Can we start again?

Is it that we grew up and can't grow down?
Is it that we changed and can't change back?
Back to the days when life was simpler.
Is it too late to change this fate?
Have we grown out of our old way of living?
I hope not.
I wish we could go back to the way things were before.

But it's too late,
This is our fate,
Wishing won't bring it back.
Nothing will bring it back.
Not you,
Not me,
Not hope,
Not dreams,

It's too late.
And now all we have left is hate.
Hate for change.
Hate for lost time.
Hate for missed opportunities.
Hate for the pain we feel.
Hate for the end that's near.

Then the wave hits and everything is destroyed.
Everything we held sacred.
Everything we enjoyed.
Everything we built.
Everything we learned.
Everything we wished for.
Everything we lost.

But life must go on.
Although some things are gone.

We can't go back to the way things were before.
We can only move forward.

Society is the aggregate of people living together in a more or less ordered community

by Lana Jiang

Society, a definition: the aggregate of people living together in a more or less ordered community

Reporting, people say "society has become so toxic the truth actually bothers people"

Quoting: " materialism, Obesity, education disparity, violence in school, shifting economy it's all our societies fault"

But the question is—

If society expresses the sum of interrelations, the relations within which individuals stand

Who exactly is responsible?

Responsible for stereotypes all nations have fallen to

Responsible for all the middle schoolers anxieties

Responsible for the wrong usage of the global economy and so on, because the list could go on

We are blaming others for the judgements and assumptions

As if we can't control our actions as a whole

And make it our goal to be the critic of the bunch

This hatred towards society turns into confusion of who to blame

And every time we aim for someone

With our bow of blame and old regrets

We miss, hitting others

Aren't we a part of this too

Our reason of misery

And who knew that we are hurting ourselves

Our wave of opinions

Silent but dense

Came crashing on the beach of narcissism and bashfulness

Revealing, how much you really think of yourself

As a human nation we would have to look after the population of what?

Like 8 billion people

How each one of them acts, what each one does

All this just to reassure ourselves that everything goes according to plan

So no one assumes

So no one fights

So no one discriminates

So everyone is

Happy

Yet it seems that everyone is watched for other reasons, the reason being Meeting the expectations

But the expectations are rising just like the Indonesian tsunami on the 26th December of 2004

Boiling like the Mount of Tambora

Be it self-hate or self-love,

This destruction of yourself

Lies deeper than the Mariana Trench

And higher than the Everest will ever be

But even after that realization

You fall on your knees

In front of the entire human population

Just to displease

Them again

But in reality

They might not even care

Because no one wants to look after, what?

Like 8 billion people who inhabit the Earth with them

Just to make sure they are meeting the expectations

No one has time to worry

When they are in a hurry

So, why worry about them

You might be blaming others, trying to find someone responsible for these problems

You might be caring about the opinions of others a bit too much

But those things are connected in a way that you want to feel accepted

There are times when you feel the need to blame others for your pain

There are times when you are forced to keep up with these social ideologies

But that is not always the case

Why worry about the stereotypes they "forced" through If you are a part of this too

Aren't you?

SAVE THE DATE!

P6 are excited to invite students, teachers and P6 family members to their PYP Exhibition event on Thursday 29th April. Doors will open for students and staff at 13:30. We will be opening doors to P6 families after school hours at 16:45. Our P6 students are starting to think of how they will present their findings and action to the community. They're excited to see peers, staff and family at the event. Look out for more info coming soon!



SIGN-UP FOR THE PAMC GARAGE SALE!

Spring Cleaning?

Leaving?

Sell your items here at "BIS-PAMC Annual Garage Sale" Or donate your items to the PAMC table to sell! All the money raised will go to the PAMC fund.

This event is open to everyone! Come to Buy or just to enjoy the Market.

Tables will cost 500 ыном each.

Email us at parentsassociation@esca.kg

**BISHKEK INTERNATIONAL
SCHOOL**

**PAMC
GARAGE
SALE**

SATURDAY 22ND MAY

10:00AM-12:00NOON

67A BRONIROVANNAYA,

BISHKEK

THE

LION KING

Saturday 17th April 2021
16:00-18:00

Kyrgyz National
Philharmonic Hall

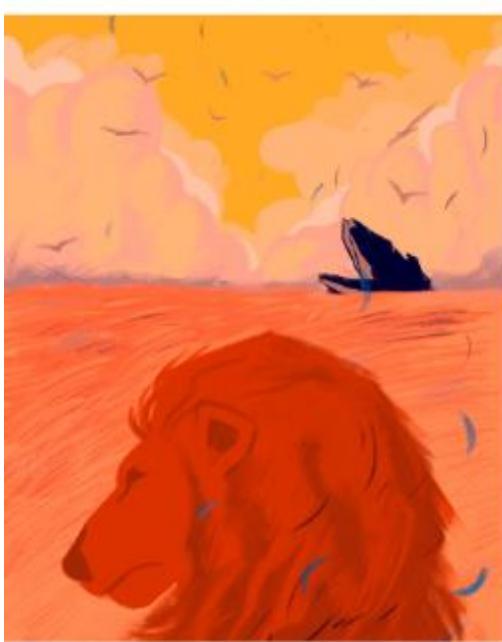
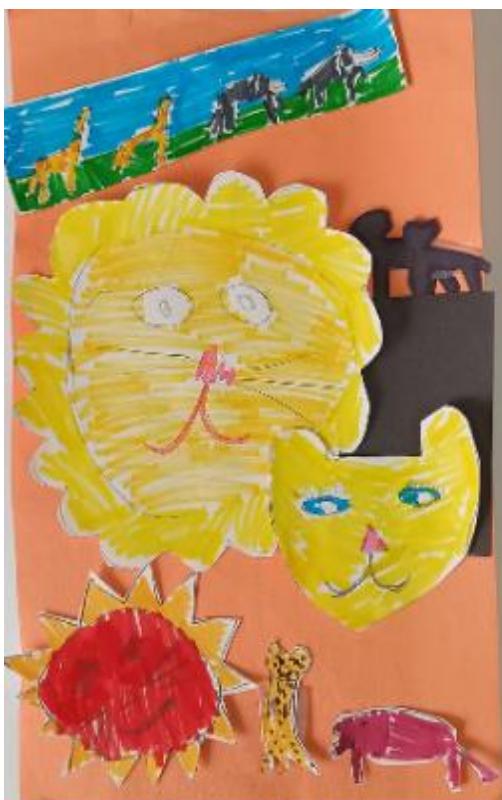
Tickets can be
bought on
www.ticket.kg
or at the door.

THE LION KING ANNIVERSARY SHOW ART EXHIBITION

Before the show, during intermission, and after the show, patrons are more than welcome to visit the Lion King Art Exhibition in the lobby. There you will discover some Lion King and African inspired artwork created by the talented students of Dr. Anna Phillips and Ms. Anna Balduk. You will also see other fantastic alternative poster designs from students who entered into the Lion King Logo competition.



"THE LION KING" DESIGN CONTEST



FINAL ANNIVERSARY SHOW REHEARSALS



Beautiful bracelets for the Lion King show made by our amazing teachers

UPCOMING EVENTS

- Saturday 17th April: BIS 10th Anniversary Show – Official School Day
- Saturday 17th April: TOK Exhibition
- Thursday 29th April: PYP Exhibition
- End of April: IBDP and IGCSE Exam Sessions start
- Saturday 1st May: Labour Day – Public holiday
- Monday-Tuesday 3-4 May: Public Holiday for 1st and 9th May
- Wednesday 5th May: Constitution Day – Public holiday
- Sunday 9th May: Victory Day – Public holiday
- Thursday 13th May: Orozo Ait – Public holiday
- Saturday 22nd May: Parents Association Garage Sale
- Saturday 29th May: BIS Got Talent, and Art Exhibition and Poetry Event

LUNCH MENU

Please find the updated links for the school menus – [Preschool & Primary School](#), [Middle & High School](#), [Vegetarian menu for Middle & High School](#).

The lunch menu for April 19th – 23rd is “**Menu B**”. Form Teachers and our Chef are responsible for adjusting this menu to avoid any foods your child cannot eat, according to the information provided to us by you.



Preschool Newsletter No: 29 / 2020-21

16th April 2021

PRESCHOOL 1

Preschool 1 students had another exciting week learning about plants. At the beginning of the week, we discussed the flower life cycle and learned every stage of flower growth. We discovered that almost all plants have the same growth process which starts by preparing the soil, seeds and taking a good care by giving them some water and sunlight. In the middle of the week, we went outside and looked at plants that we have in our school. Our friends found many trees, flowers, cherry trees and grass, and they decided to water them, so they could grow more. Towards the end of the week, the students noticed that our beans germinated and were ready to plant them. Together, we transferred them to the pot. In Kyrgyz classes, our friends also learned how to say plant names in Kyrgyz language. Now, our friends can tell you that "grass" is "chop" and "tree" is "bak" in Kyrgyz. Next week, we will start to talk about ocean world.

Ms. Begimai, Preschool 1 Homeroom Teacher



PRESCHOOL 2

This week, our Preschool 2 group started to talk about living things which live on the planet Earth. On Monday, we created a big planet Earth picture with water and land areas. The children helped to stick plants, sea and land animals on the planet poster deciding where to locate them - on the water parts or land parts of the planet.

We also talked about some peculiar features of the animals, for instance, we mentioned that whales are the biggest animals on the planet! The size of one whale is even bigger than many of our school buses together! We also discovered that some animals can live only in cold areas, such as polar bears. Others like giraffes prefer the warmer parts of the planet. We created big paper sharks in our art lesson with Doctor Anna to hang up to the ceiling and to create an ocean area in the classroom. For our math lesson, we completed a set of the activities where we worked with animal counting tasks, animals-number matching activities and number-animal hunt games.

Ms. Oksana, Preschool 2 Homeroom Teacher



PRESCHOOL 3

Excitement is in the air in our Preschool 3 class!

Our Preschool 3 friends are extremely excited to perform on the "big" stage and we have been practicing our dance every day. Saturday will be the special day of the Anniversary Show and we hope all the parents will enjoy our dance.

This week in class we also learned about the letter "x". We practiced writing the letter and we also discovered that the letter "x" is used in x-ray. We then explored that an x-ray is a photo of our bones so we tried to create our own x-ray of our hands.

Next week we will learn about the letter "y".

Ms. Carmen, Preschool 3 Homeroom Teacher, Head of Preschool

