



**Bishkek
International
School**

VOICES



Newsletter for BIS Parents and Friends. No: 30 / 2021-22

22nd April 2022

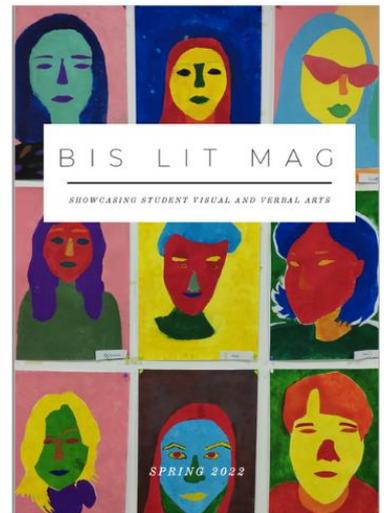
A SPRING EVENING TO CELEBRATE THE ARTS



On Friday, April 15, BIS's annual Art Exhibition and Poetry Evening wowed all who attended with the prolific art and talents of the BIS student body. The Big Hall was transformed into a vibrant museum of statuary, paintings, mandalas, and art pieces of all forms and media created over the past year by students from pre-school to the DP. The verbal arts were also represented with stirring poetry recitations at an open mic. Winning authors and poets from a school-wide story and poetry contest were also on hand to sign inaugural copies of the BIS literary magazine. A live string quartet lent a touch of sophistication while guests circulated with hors d'oeuvres. It was a night to remember, and we hope you'll join us again next year!

A digital copy of the BIS LIT MAG is available [here](#). Enjoy!

Miss Nina, English Language and Literature Teacher



CPR, BROC AND KTI AWARDS

A huge well done to our following award winners:

KTI (Knowledgeable, Thinker, Inquirer):

Alan J (Grade 3B), Christopher (Grade 9)

BROC (Balanced, Risk-Taker, Open-Minded, Communicator):

Ange (Grade 3B), Cora (Grade 3B), Zhibek (Grade 11Y)

PYPX UPDATE

I am really stressed and nervous, the hardest part of this week was timing. I had to do my action, write emails to teachers, practise what I will say when I will go to classes, and I need to finish it all on time.

Lev

This week I have been really stressed out about all of the work that still needs to be done. Also, with only three days to get finished, that gives me a lot of pressure. Other than that, I have had a great time making a falcon out of paper mache and getting the script on what me and Iman are going to say. If I had to rate how I am feeling over all this week, it would be a 4 & 1\2 - 5.

Aubrey

I think this week was the best from PYPX! I did a presentation with my classmate Lia. We were walking to primary classes and explained to them about our ECO Project, that we are doing with Ms Janyl! Our project was about paper recycling. We did some recycling boxes and put them in primary classes. It was so exciting and scary, the hardest thing was that I was so scared to go to classes. And also I think this week I was a Risk-Taker.

Aisulu



BIS Snapshot: Art and Poetry Evening



IF WE CAN'T SEE EYE TO EYE, LET'S TRY HEART TO HEART OR HOW 6TH GRADERS LEARN ABOUT EMPATHY IN PRACTICE

"To be kind is more important than to be right. Many times, what people need is not a brilliant mind that speaks but a special heart that listens."

On Tuesday 6th graders had a special lesson in the school playground. First we discussed what empathy, sympathy mean. Then, students visited green, purple, yellow, red and blue stations.

On the **yellow** station, students were empathised with someone who has a broken arm, or only one arm. They needed to write or draw what was written on their chosen cards using the hand they don't usually write with.

On the **purple** station, children could write their understanding and experience of empathy, sympathy and perspective taking. On the **red** station, students were empathised with someone who has a hard time paying attention. They worked in teams. While one of the team was trying to solve the task, another student needed to distract him. Next station was the **blue** one.

There they were empathised with someone who is blind



or can't see well. One student was blindfolded, another one was directing him using only voice. Blindfolded student needed to finish the line without bumping into any object. The **green** station was the last and there students were empathising with someone who is in a difficult situation. They read scenarios and answered the questions. In the end, they all completed the reflection for, but that is not the end. On Thursday, students visited orphanage... (next page)



Ms Asel, Grade 6 Form Teacher





The orphanage trip was so awesome! I hope we do trips like this in the future more often. The children there were so cute! And well behaved, they gave us a very warm welcome to their home and they each got along with us. It was amazing to see how playful happy and joyful they are when someone visits, overall this trip was probably one of the most amazing trips ever (thank you Ms Asel and Mr David).

None of us really wanted to leave at the end but we had to. Hopefully we can go there again sometime.

Izma



I loved this trip, I've met a lot of very nice and cute kids. I also watched their show, it was awesome. I wish I come back.

Veronika

The kids were so nice, cute, and well behaved. They were so happy when we have them things and played with them. None of us wanted to leave the cute kids.

Dasha



I had fun, we played with them a lot. We wanted to play a bit more, as did the other kids. I was very sad to leave.

Alen



L'EXPERIENCE INFINIMENT LOINTAINE - THE INFINITELY DISTANT EXPERIENCE

Avril s'était levée tôt le matin, pour se préparer à sa première fête. Elle n'avait jamais été invitée aux fêtes, car elle avait dit à tout le monde qu'elle devait se concentrer sur ses études. Vers l'approche de la fin d'année, Avril était prête à vivre le plaisir que ses amis avaient connu depuis des années. Bien que la fête ait été prévue à 20 heures, elle s'était levée incroyablement tôt pour se maquiller et choisir une tenue. Avril était tellement excitée qu'elle avait parlé de la fête pendant des jours même si c'était la même chose que les cent autres auxquelles ses amis avaient été sans elle.

Elle n'avait pas beaucoup d'amis non plus, car elle était tellement concentrée sur le travail scolaire. Quand elle a demandé à ses camarades de classe si elle pouvait y aller aussi, ils ont tous été méfiants. Le père de Avril était policier, et ils pensaient qu'elle amènerait peut-être son père, et comme ils apportaient généralement de l'alcool, ce n'était pas une bonne idée. Avril les avait suppliés et avait insisté pour qu'elle essaie de s'intégrer, alors finalement ils avaient cédé et lui avaient dit qu'elle pouvait y aller.

Avril avait passé toute sa journée avant la fête à pratiquer ce qu'elle dirait et comment elle agirait, et finalement le moment de partir était arrivé. Avril avait récupéré toutes ses affaires, avait mémorisé ses mots pour entrer dans la maison et s'était assurée qu'elle avait l'air assez bien pour l'occasion. Elle avait marché en écoutant de la musique, plus heureuse qu'elle ne l'avait jamais été - enfin, elle pouvait découvrir ce dont ses camarades de classe parlaient toujours. Alors qu'elle arrivait enfin à la porte d'entrée de la maison, elle prit une profonde inspiration et frappa.

Pas de réponse.

Elle frappe de nouveau, et encore et encore. Elle a appelé ses camarades de classe mais aucun d'eux n'a décroché. Avril vérifia ses réseaux sociaux où elle a déjà vu des vidéos et des photos de la fête à laquelle elle était censée être. Ce n'était même pas le bon endroit.

Avril had risen early in the morning to prepare for her first party. She had never been invited to parties, because she had told everyone that she had to concentrate on her studies. As the end of the year approached, Avril was ready to experience the pleasure her friends had enjoyed for years now. Although the party was scheduled for 8 p.m, she had risen incredibly early to put on makeup and choose an outfit. Avril was so excited she had been talking about the party for days even though it was the same as the hundred others her friends had been to without her.

She didn't have many friends either, because she was so focused on schoolwork. When she asked her classmates if she could go too, they had all been suspicious. Avril's dad was a policeman, and they thought she might bring her dad along with her. Since they usually brought alcohol, that wasn't a good idea. Avril had begged them and insisted that she try to fit in, so eventually they had given in and told her she could go.

Avril had spent her entire day before the party practising what she would say and how she would act, and finally the time to leave had come. Avril had collected all of her things, memorised her words to enter the house, and made sure she looked good enough for the occasion. She began to walk there, listening to music as she went, happier than she had ever been – finally she could find out what her classmates were always talking about. As she finally arrived at the front door of the house, she took a deep breath and knocked.

No answer.

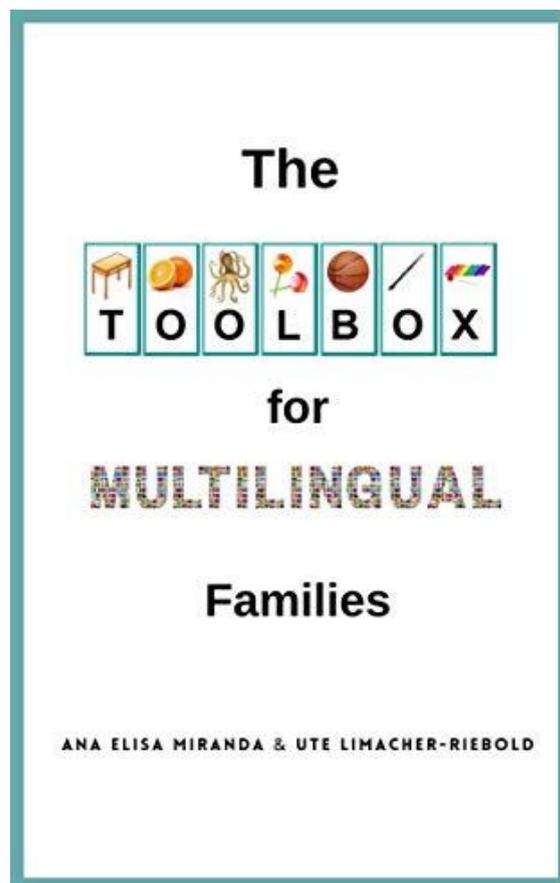
She knocks again, and again, and again. She called her classmates but none of them picked up. Avril checked her social media where she has already seen videos and photos of the party she was supposed to be at. It wasn't even the right place.

BOOK RECOMMENDATION: THE TOOLBOX FOR MULTILINGUAL FAMILIES

Many of our students in BIS speak more than one language and this is one of the amazing aspects of the diversity in our community. As an IB school, we are committed to fostering multilingualism in our students and in our community. Raising children in a multilingual family or teaching them in school is something quite incredible, but it can also throw up some unique challenges! For parents, teachers and other members of our community who are interested in finding out more about how to support in practical ways children who speak more than one language, this book may be of interest. It was written to provide those raising children in multilingual families ways in which they can foster reading, writing, listening and speaking intentionally in the different environments they find themselves in. The book is full of natural ideas, games and activities to give children opportunities to practise their language(s) in many different ways.

We are grateful to PYP and IGCSE parent, Rhoda Bangerter, who has given the school a copy of this book for our language teaching team and library. For parents who are interested, the book is also available on Amazon in paperback or on Kindle. See [here](#) to find out more!

Ms Esther, Head of Studies



PRIMARY SCHOOL SPORTS DAY

Our PE team is busy preparing for our first ever off-campus Primary Sports Day! The event will take place on Friday, May 6th at Dinamo Sports Complex. All Grade 0 through Grade 5 students are encouraged to join this fun event that allows them to engage in sport and game while developing their athletic abilities and sportsmanship. Permission forms have been sent home with students and must be signed and returned to school by April 29th in order for students to be allowed to attend.

Students will be taken to the sports complex by bus after arriving at school in the morning. Morning snack and lunch will be provided at the event. We will return to school in the afternoon, and ECAs will run as usual.

Please send your child to school in outdoor athletic wear and closed toe sneakers on May 6th. They should bring with them a reusable water bottle, sunblock, and a change of clothes for after the event. Caps will be provided by the school.

Parents will be able to attend the event and watch, and parent volunteers are welcome to support the event. You can expect an email with more details about this soon.

If your child is unable to join for any reason, we ask that you please do not send them to school on May 6th. If children are physically unable to take part but would like to join, we will find ways to include them.

We can't wait to get outside and enjoy Primary Sports Day!

Ms Alicia, PYP Coordinator

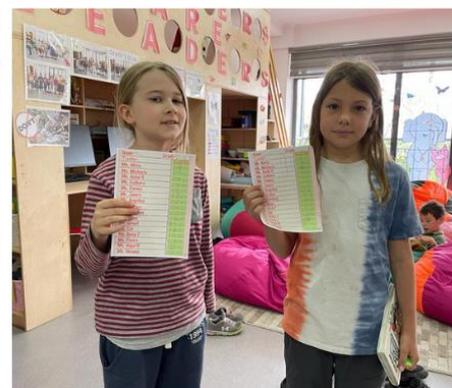


GUESS YOUR TEACHER'S FAVOURITE BOOK

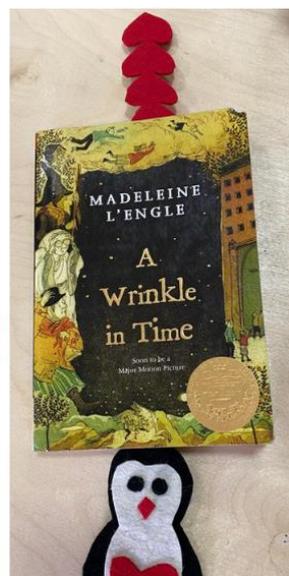
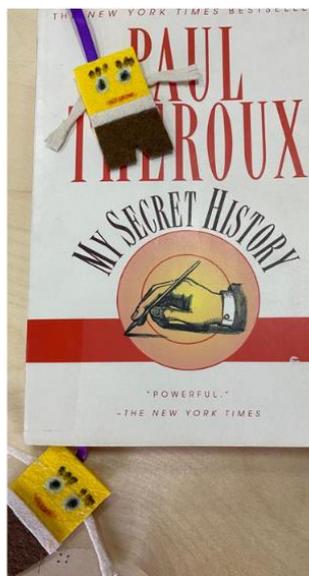
Last week our Primary Library had an activity called "Guess your teacher's favourite book". Our children found out why Ms. Esther's favourite book is "Tales of a fourth grade nothing" by J. Blume, what can Ms. Elvira's favourite book "The giving tree" teach us, why "Jungle book" is so memorable to Ms Emima and many other things about our teachers and their favourite books.



PYP students could get House points and some small presents from our library and here are the results:



Grade 11 students, Aliya Estelikova and Saikal Kazakbaeva, as part of their stitching CAS project made bookmarks and donated them to our school library. A huge THANK YOU to Aliya and Saikal!



ADOPT, DON'T SHOP

Dear BIS Community!

It's Ilona and Oju again. We have some new updates. Below you can see more pets out for adoption. Remember to ADOPT and NOT SHOP!

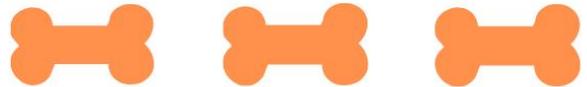
"Dobrie Ruki" is looking for good hands for a puppy. A very beautiful little girl. Eats everything, flea and worm treated. Vaccinations and sterilization at 7 months are guaranteed. We'll bring her to your home.

0709784537



"Dobrie Ruki" is looking for a loving owner for a young cat. Boy, 10 months old. Vaccinated, neutered, indoor cat.

0709784537



NGO "Dobrie Ruki" is looking for good hands for a young cat. Calm lives in an apartment uses the cat litter. Clean, healthy.

0709784537



The NGO "Dobrie Ruki" is looking for a family for a puppy. Boy, 2 months old. Ryzhik has a short tail. Flea and worm treated. Vaccinated against infectious diseases.

0709784537

ANNIVERSARY SHOW TOURNAMENT BRACKET

The Anniversary Show is the biggest event of the school year. Every year in December, BIS performs a spectacular music/dance concert and a musical involving the entire school community.

This year, we are announcing the next Anniversary Show in the form of an exciting Tournament Bracket. Students and staff are invited to pick up their own copy of the tournament bracket form and fill it in with your own guesses for a chance to win House Points!



The tournament board and copies of the forms can be found outside of the Small Hall! A PDF of the form can also be found [HERE](#).

Fill it out and return it to Mr. David by Thursday May 5th!

One show will be revealed everyday (starting on May 5th) until the final winner is revealed on May 27th.

FAMILY TRANSITION STRESS

Hello BIS community! I am Katja Aegerter, a former and proud BIS parent, psychologist with a focus on mobile families and, currently, PhD candidate at Basel University, Switzerland.

My study team and I are conducting a study called "Testing the Family Stress Model in Sojourning Families: How Parent's Transition Stress Impact Child's Well-Being and Sociocultural Adjustment", which will investigate how stress during international relocations impacts the family system and ultimately the child's well-being and adjustment.

The more research participants we can recruit, the more significant our research results will become. And I believe that many of the BIS families will fulfill the eligibility criteria to participate. Any family who answers yes to all of these questions, is eligible to participate in our study:

- Do you have at least one child between the age of 7-17 years?
- Are you in an international relocation rhythm of 2-6 years due to your or your spouse's/partner's employment?
- Do you understand English?

To take part in the study, participants simply take about 15 minutes to complete an anonymized [online survey](#).

As a token of appreciation upon completion of the survey, any participant will be able to download a pdf document that provides you tips and information on "Managing International Relocations for Sojourning Families".

For more information about the study, please visit our research [website](#). Please, contact me directly at katja.aegerter@gmail.com or the research team at homeabroad@unibas.ch should you have any further questions.



BIS-PAMC PRESENTS

Book your tables now at pamc@bis.kg

Table for family- 700 som each
Table for business- 5000 som each



14th May, Saturday

10:00-12:00 noon

Bishkek International School

67a Bronirovannaya

UPCOMING EVENTS

Please see the updated school calendar [here](#).

- 28th April, Thursday: PYP Exhibition
- End of April: IBDP and IGCSE Exam Sessions start
- 2nd May, Monday: Public Holiday for 1st May – Labour Day
- 3rd May, Tuesday: Orozo Ait – public holiday
- 4th May, Wednesday: Public Holiday moved from 5 May: Constitution Day
- 6th May, Friday: Primary School Sports Day
- 9th May, Monday: Victory Day – public holiday
- 14th May, Saturday: PAMC Garage Sale (updated date)
- 21st May, Saturday: BISA Interschool Cross Country and Fund Run in Karagachova Roache (updated date)
- 28th May, Saturday: BIS Got Talant

LUNCH MENU

The school menu for April 25th – 29th is **Menu C**.

Our school menu is available [here](#). Form Teachers and our Chef are responsible for adjusting this menu to avoid any foods your child cannot eat, according to the information provided to us by you.



PRESCHOOL 1

This week Preschool 1 had one more amazing week. We explored insects. To explain what insects are, we took toys and showed them the body parts that make up insects. Together we matched flash cards with toy insects and pictures in books. The most exciting moment of the week was when we invited a Grade 7 student Arseniy to show us his insects. Our friends were happy to see his snails, caterpillars, ants and beetles. He explained about their life and how he

takes care of his insects. We sang the songs "The Ant And The Grasshopper" and "The Ants Go Marching One By One". In the second part of the week we went out to the big field to look for insects and our friends tried to see them with a magnifying glass. We were able to see ants, flies and some worms. For art, we made ladybugs from stones, spiders and bees from egg cartons.

Ms. Tina, Preschool 1 Homeroom Teacher



PRESCHOOL 2

This week, Preschool 2 friends talked about our home planet Earth. We discovered that Earth is the third planet from the sun and it is the only planet that has life on it. If we look at our planet from space, it looks green and blue. Green parts are plants and blue parts are oceans. We discovered that we share the Earth with animals and plants. First, we talked about animals and sorted all animals into two big groups: water animals and land animals. Later, we discussed that land animals also have their own habitats such as farms, jungles and deserts. Our friends also

created big cities with houses, shops, schools, roads, transports, parks and more. Next, we learned about plants and found out that plants have roots, stems, brunches, leaves and flowers that sometimes develop into fruits. We talked about how all plants need sunlight, water and the soil. Together, we planted beans on milk cartons.

In Kyrgyz time, Ms Jarkyn taught us how to say animal names in Kyrgyz language and our friends divided them into two big groups.

Ms. Begimai, Preschool 2 Homeroom Teacher



PRESCHOOL 3

This week was an exciting letter 'x' week for our Preschool 3 friends.

This week we did our very favorite letter in the alphabet and we learned about the letter 'x'. We learned that the letter 'x' is a consonant sound and we also made our very own letter 'x'-ray of our arms which it was a lot of fun.

This week we also looked at how water effects everything around us and how every living thing needs water, and that it is important to keep our water clean.

Next week will be our final week looking at addition and we will also try to make a water filter and we will be looking at different bugs that live in water.

Ms. Carmen, Preschool 3 Homeroom Teacher, Head of Preschool

