



**Bishkek
International
School**

VOICES



Newsletter for BIS Parents and Friends. No: 33 / 2021-22

13th May 2022

PRIMARY SCHOOL SPORTS DAY



Last Friday, our primary students enjoyed taking part in our first ever off-campus Primary Sports Day! All of the children cheered each other on during their races and both parents and guests were invited to come out and support.

The atmosphere was festive with all of the participants having a wonderful time taking part in a variety of different obstacle courses and races such as the classic 3-Legged Race and our very own creative Ice Cream Hop, Skip, Jump!

The Sports Day was a great success. Our students showed great team spirit towards each other and loved encouraging their friends. In the end, it was the Phoenixes who came out on top. In second place was the Snow Leopards followed by the Piranhas in third place.



CPR, BROC AND KTI AWARDS

A huge well done to our following award winners:

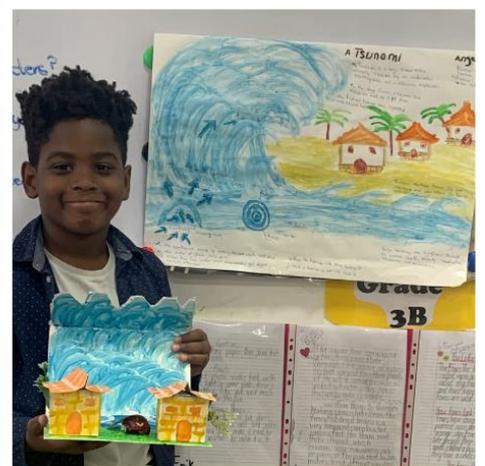
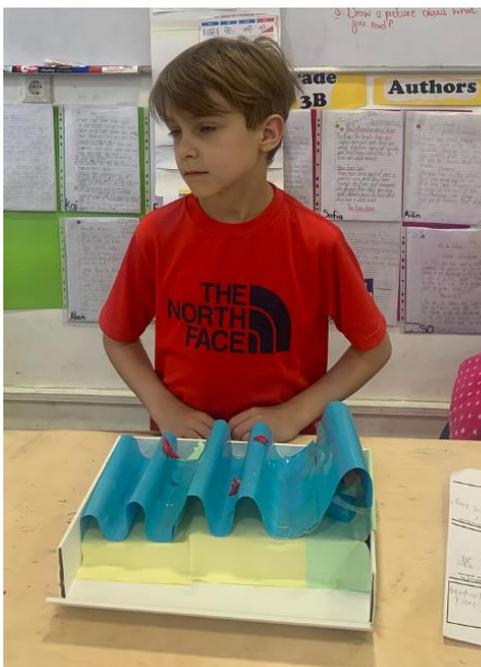
BROC (Balanced, Risk-Taker, Open-Minded, Communicator):

Elija (Grade 3B)

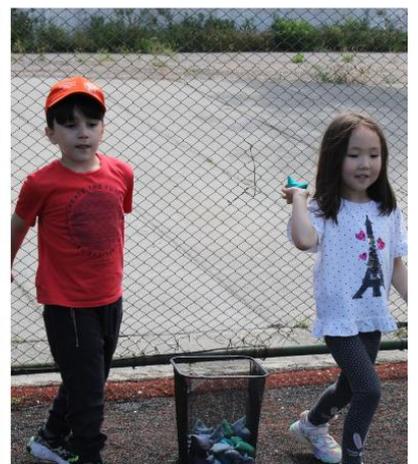
Saikal (Grade 7B)

Seung Ju (Grade 8)

G3 blue were presenting their project experiments and models for natural disasters and cases.



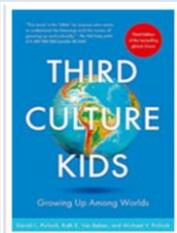
BIS Snapshot: Primary School Sports Day





HELPING OUR STUDENTS TO TRANSITION WELL

As we near the end of the school year, many of our families are preparing to move on from BIS, and those who are staying are getting ready to say goodbye to friends. This is a normal part of international school life, but as well as being a transience that creates a lot of the amazing diversity we celebrate at BIS, it can be a really difficult and emotional time for everyone involved. Over the next three weeks in Voices, we'll be bringing together some resources and ideas about how we can support our students of all ages in the transitions they are experiencing, whether they are leaving or staying.



In the book *Third Culture Kids: The Experience of Growing Up Among Worlds* (by David C. Pollock, Michael V. Pollock, and Ruth Van Reken, and pictured below), families are encouraged to build a **RAFT**, either collectively or individually, as a way to cope with transition, go through proper closure of a particular period of life and welcome the next period.

R - reconciliation: this may be the hardest to do well. It is important to try not to leave broken relationships behind. We will experience 'smoother sailing' if we do our best to forgive and seek forgiveness, so that unresolved issues don't follow us into the future. Encourage your family to reconcile as they leave or say goodbye to those leaving.

F - farewell: this is the act of saying 'goodbye'. We usually say goodbye to people but some might find it helpful to say goodbye to experiences, places and animals. Sometimes in life we don't have the opportunity to say goodbye, so it is important to take this chance when you can. This may be especially important for younger children who may not understand the transition they are going through quite so well.

A - affirmation: express your appreciation to people you care about, to affirm the value of the relationship. This can be through sharing stories about the time spent together, as well as expressing what it has meant to people to have us in their lives. This could be through cards, conversations or pictures.

T - think destination: take time to consider the next phase. What do you have to look forward to? What will take some time to grieve? Sometimes expressing hopes and plans for the future gives a sense of what there is to look forward to while still making space for expressing sadness. Seeing the continuation of the journey is important.

Some other resources you may find useful include:



ROOTS WITH BOOTS
Feeling Grounded While Moving

<https://www.rootswithboots.com>:

this website has lots of resources for families transitioning in many ways, and you can sign up for their newsletter to receive tips about transition.

Inside Out (Disney Pixar, 2015): many of us have heard of or even seen this film, but have you considered it as a resource for helping children during periods of transition?



It tells the story of a little girl named Riley who moves to a new town and experiences many different feelings as she gets used to her new chapter in life. For children (and maybe even teenagers and adults!), it could serve as a great resource to help identify and articulate feelings, which is the first step to understanding them.

There will be more resources shared next week - watch this space!

Esther Johnson (Director of Studies) & Rhoda Bangerter (parent)



During Creative Art Studio ECA students made these amazing spring birds from paper.



MEETINGS WITH COORDINATORS

Dear Preschool 3, Grade 5, Grade 8 and Grade 10 parents,

As an IB World School, BIS is proud to offer the PYP, MYP and DP as well as our IGCSE programme. If your child is continuing to learn at BIS and will be transitioning to a new programme for the 2022/2023 academic year, you will soon have an opportunity to meet with your child's new coordinator.

These meetings will help parents understand and prepare for some of the key differences between current grade levels or programmes and their child's next chapter. Coordinators will share some key information about the programme before opening the floor to questions and answers.

Whilst students are welcome to join the conversation, the BIS team will also be offering other, more age appropriate transition activities to help our students prepare for their up and coming year and the change in programme. This will include spending time with their new teachers.

Our meetings for parents will take place on the following days and times:

Current Grade 5 parents will be able to meet Mr Tim, our MYP Coordinator, on Monday 16th May at 17:30. This meeting will be on Zoom.

Current Grade 8 parents will be able to meet Mr Jacques, our IGCSE coordinator on Wednesday 25th May at 17.30. This meeting will be on Zoom.

Current Grade 10 parents will be able to meet Ms Makiko, our DP Coordinator, on Thursday 26th May in the morning. This meeting will be on Zoom.

Current Preschool 3 parents will be able to meet the Primary Team on Monday 30th May at 16.00.

This meeting will be held at school.

Ms Carmen, Ms Alicia (PYP coordinator), Ms Gill (PYP Principal from next year), and some of next year's Grade 0 teaching team will be joining the session so parents of our current Preschool 3 group can get to know the new team supporting their children.

You will be contacted separately by the relevant programme coordinator who will give you any other information about the meeting - for now, please put these dates into your diaries!

All of our coordinators look forward to seeing you for these meetings and to answering any questions you may have about this exciting time in your children's academic journeys.

Esther Johnson, Director of Studies

TEACHING STAFF FOR 2022/23

As international school, we always have some transition in staff each year as people move on to other locations. We are also a growing school with an expanding teaching team. This summer, thirteen staff will be moving abroad, and sixteen new staff joining. All international recruitment is complete and this week we introduce the [Specialist Teaching Team](#). You can see their profiles in this [link](#).

Look out for more information in coming weeks about the Primary Homeroom Teaching Team, the Preschool Teaching Team, Primary Co-Teachers for each class, the Learning Diversity and Inclusion Team, and the Management Board for 2022/23.

David Grant, Head of School

ADOPT, DON'T SHOP

Greetings BIS Community! It's Ilona and Oju again, presenting to you the updated list of animals out for adoption. We are glad to announce that the pets we advertised managed to find a good home. Remember to ADOPT and not SHOP.

Dobrie Ruki hopes to find a home for a young Pekingese girl.
Please contact 0709784537.



NGO Dobrie Ruki is looking for good hands for a young dog. Laika is 10 months old. She is friendly and loves other pets, so if you already have a cat or a dog, you can adopt a friend for them.

She is sterilized and vaccinated. Delivery can be arranged. Contact this number for more information: 0709784537.



Dobrie Ruki hopes to find a home for three beautiful girls. They are treated for fleas and worms and are litter trained. The sterilization can be done at the age of 6 months.

For more information, please contact this number: 0551 877 759, 0709784537.



Dobrie Ruki is looking for a good home for puppies, girls, 2 months old. All of them are active, they guard the yard well and learn quickly. Puppies are treated and vaccinated against infectious diseases. We guarantee sterilization at 7 months. Delivery can be arranged.

For more information, please contact this number: 0709784537.



BIS GOT TALENT

SATURDAY
28 MAY, 2022

Performances from 10:00 - 12:00
If you want to participate, please
*contact **Mr. Grant Chamberlain** via*
gchamberlain@bis.kg or
***Mr. David Lien** via dlien@bis.kg*

Location: Outdoor stage

Bishkek International School
67 A Bronirovannaya St

Help us celebrate BIS talents

The Greatest Performances Ever!

2021/22 YEARBOOK AND INDIVIDUAL STUDENT PHOTO ALBUMS

The 2021/22 Yearbook will be available from Tuesday 14th June. Everyone in the BIS Community will be able to download a PDF version free of charge after 14th June. **If you would like a printed yearbook, which costs 3,000 som, you must [complete this order form](#) before Tuesday 31st May.** No extra copies will be printed this year, so if you do not order in advance, you will not be able to have a printed yearbook.

This year we are also offering individual student photo albums together with separate A4 and A5 size photos for 3,000 Som. The album itself will include student's individual yearbook photos and class photos. The A4 and A5 photos are only of the individual student. [An example photo album can be seen here](#). Individual photo albums can be [ordered in the same form as the Yearbook](#)

Payment for the Yearbook and the Individual Photo Albums should be given to Ms. Burmakan in the external reception by Wednesday 1st June.

UPCOMING EVENTS

- 14th May, Saturday: PAMC Garage Sale
- 21st May, Saturday: BISA Interschool Cross Country and Fund Run in Karagachovaya Roscha
- 28th May, Saturday: BIS Got Talent
- 1st and 2nd June, Wednesday-Thursday: 'The Wind in the Willows' Musical PYP Theatre Performance
- 4th June, Saturday: High School Prom
- 9th June, Thursday: Transition assembly
- 9th June, Thursday: MYP graduation
- 9th June, Thursday: Class of 2022 Reflection Dinner
- 10th June, Friday: High School Graduation
- 13th June, Monday: Preschool 3 & Grade 5 graduation
- 14th June, Tuesday: Primary School Educational Visits day
- 15th June, Wednesday: Parent-Teacher Meetings
- 16th June, Thursday: Last Day of School / All Americas Barbecue
- 17th June, Friday: Teacher in-service day

LUNCH MENU

The school menu for May 16th – 20th is **Menu B**.

Our school menu is available [here](#). Form Teachers and our Chef are responsible for adjusting this menu to avoid any foods your child cannot eat, according to the information provided to us by you.



PRESCHOOL 1

This week, friends from Preschool 1 started exploring and learning the last unit of inquiry about how we organize ourselves. In this topic, we will consider and learn about the planet earth, about inventions such as transportation, about dinosaurs that lived millions of years ago and about musical instruments.

On Monday we talked about the transport we use to get around. We learned that there are many types of vehicles such as bicycles, buses, planes, boats and cars. Our friends have learned that some modes of transportation are used on water, some are used in the sky, and some are used on land to help us move

from one place to another, from one continent to another. The next day we built our road and discussed the transportation we use on this journey. Our friends liked to tell what transport they used to get to school. Some friends used taxis, others used bikes and cars. During our art activities, we made cars, buses out of the box and painted them. For math we used our cars and counted by colors. At the end of this week, we learned that there are many types of trucks that perform different tasks. Next week we will talk about musical instruments.

Ms. Tina, Preschool 1 Homeroom Teacher



PRESCHOOL 2

This week, Preschool 2 friends continued talking about minibeasts and how we share the planet with them. The week started by reading our favourite story "Superworm". Our friends enjoyed reading this book and finding all the min-creatures that liked to play with the Superworm. Another day, we made a sorting activity where minibeasts such as ladybirds, grasshoppers, worms, snails, slugs, butterflies, ants, spiders and beetles were sorted according to the

presence of the legs. We also learned a new "Wiggle Woo" song and pretended to wiggle like little worms. In maths, we repeated our numbers by counting bugs in a jar and simple patterns by making colourful worms. In Kyrgyz time, our friends repeated their colours in Kyrgyz language with Jarkyn and played a fun game with balls. Next week, we will start to talk about sea creatures.

Ms. Begimai, Preschool 2 Homeroom Teacher



PRESCHOOL 3

Another exciting week comes to an end for the Preschool 3 friends. This week our friends had a great time playing interesting games. We also met the Grade 0 teacher Ms. Altynai and prepared for our graduation. We made some beautiful art with pressed flowers and watercolor paints, practiced our dancing skills while wearing interesting hats, and started making a lovely duck pond in art class.

Next week we will be looking at the water cycle, and items that sink and float.

Ms. Carmen, Preschool 3 Homeroom Teacher, Head of Preschool

