



**Bishkek
International
School**

VOICES



Newsletter for BIS Parents and Friends. No: 9 / 2022-23

14th October 2022

CENTRAL ASIA CROSS COUNTRY 2022

Last Friday and Saturday, schools from Kazakhstan, Uzbekistan and Kyrgyzstan came together for a fantastic cross country competition held in Karagach Roache. Races were held on both days, with runners pushing their body to the limit as they made their way around the course. Individual races ranged from 3km to 5km, with a thrilling relay race also held on the Friday where the athletes, working in teams of four, each completed a 1km lap around the park's lake.

With a DJ keeping morale high at the start line, the event had a wonderful atmosphere as runners and volunteers alike enjoyed the glorious autumnal weather at the park over the two days. The event wouldn't have been possible without the generosity and enthusiasm of our army of volunteers, patiently stationed around the course to point runners in the right direction as they ran along the various routes. Well done to everyone who made this such a special sports competition. **Watch the X-Country [here](#).**

PE Department Team



CAXC BISHKEK
2022



BIS TEAM RESULTS

GIRLS U15

| # | 3000 | 4000 |
|---|-------|-------|
| 1 | Aisha | Lily |
| 2 | TIS | Aisha |
| 3 | Lily | TSIS |

GIRLS U19

| # | 4000 | 5000 |
|---|---------|---------|
| 1 | TIS | TIS |
| 2 | TIS | Delilah |
| 3 | Delilah | AIS |

BOYS U15

| | 3000 |
|---|-------|
| 1 | TIS |
| 2 | Asek |
| 3 | Javid |

TEAM TROPHIES

| | | | |
|---|----------------|---|----------------|
| 1 | U15 girls 3000 | 2 | U19 girls 4000 |
| 1 | U15 boys 3000 | 2 | U19 boys 4000 |
| 1 | U15 girls 4000 | 3 | U19 boys 5000 |
| 3 | U15 boys 4000 | | |

RELAYS

| U15 relay team | | U19 relay team | |
|----------------|--------------------------|----------------|-------------------------------------|
| 1 | Javid, Lily, Aisha, Asek | 3 | Mirzokhid, Nurayim, Delilah, Victor |

Aisha - 1 gold, 1 silver

Lily - 1 gold, 1 bronze

Delilah - 1 silver, 1 bronze

Asek - 1 silver

Javid - 1 bronze

CPR, BROC AND KTI AWARDS

A huge well done to our award winners:

CPR (Caring, Principled, Reflective):

Elima (Grade 2B), **Saamik** (Grade 4B),

David (Grade 4B), **Simon** (Grade 5Y)

BROC (Balanced, Risk-Taker, Open-Minded, Communicator):

Naail (Grade 5Y), **Artur** (Grade 5B)

KTI (Knowledgeable, Thinker, Inquirer):

Alisha (Grade 2B), **Iso** (Grade 4B),

Maiko (Grade 5Y), **Daeun** (Grade 5Y)

NEW FACES AT BIS: MS DINARA

Hello, my name is Dinara and I'm so excited to be joining this wonderful school community this year as a Preschool 2 Homeroom teacher. This is my 5th year of teaching and 2nd year in Preschool. I received my Bachelors from Alatau Ataturk University. After Graduation I lived in Germany and when I came back I started my teaching career. I love teaching children because I love making learning fun for others. I love learning from children as they have an amazing way of viewing the world.

I was born in Issyk Kul and was lucky to live at the lake. Sitting by a lake is such a peaceful experience. The world slows down and you can take the time to appreciate the moment. Yes, I'm a nature lover and like to go to the mountains or parks, it's the best way for me to spend to relax and spend my free time



I love reading books and interested in doing research because its challenging and provides a lot of new information. I also love to listen to music, especially to Arabic instrumental music, which is amazing. My free time I usually spend outdoors with my family or my friends.

This year in PS2, we will learn letters and numbers and strive to create a happy environment for my students and together we will make friends and play games. We will also become little scientists and researchers as we discover many new things together!

Ms. Dinara, Preschool 2 Homeroom Teacher

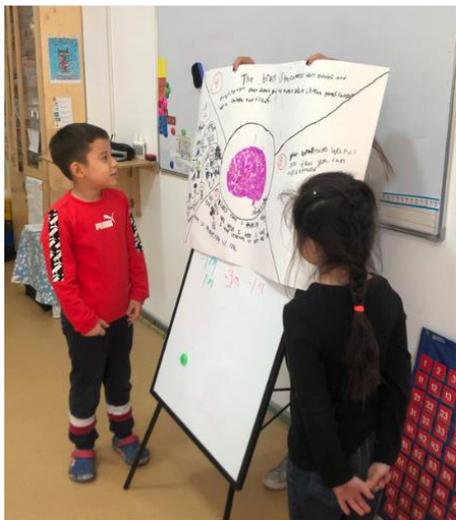


BIS Snapshot: Central Asia X-Country

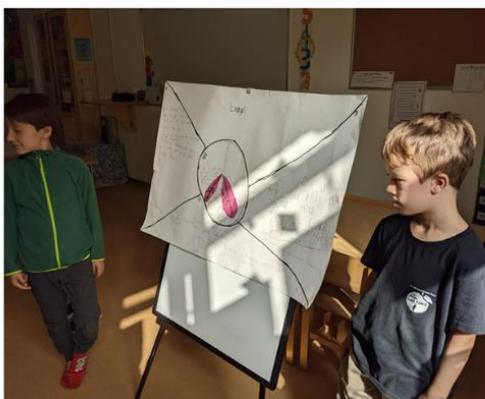


GRADE 2 SUMMATIVE ASSESSMENT

Grade 2 Blue and Yellow presented their UOI projects to each other this Friday. This is their summative assessment for the Unit of Inquiry "Who We Are".



Students did research in groups or independently on a body part and its function. They included information that they learned in their UOI lessons, along with new information from their research, to make a poster or a booklet. They also talked about how to keep this body part healthy.



MATH SKIP COUNTING IN GRADE 3

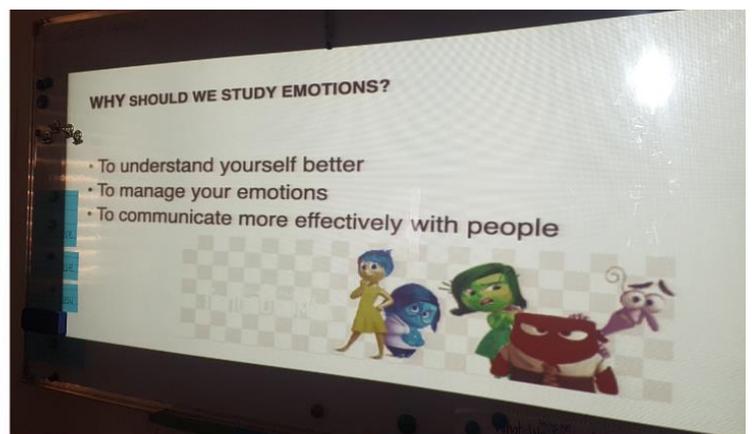
Grade 3 made the most of our nice weather and have been practicing their skip counting outside in order to get us ready for multiplication!

We are challenging ourselves this year with skip counting in 6,7,8 and 9. In pairs we made skip counting puzzles with chalk and students had to rotate groups to figure out how to get through their peers mazes.



MENTAL HEALTH MATTERS

For Grade 5's Who We Are unit, the students have enjoyed the opportunity to not only hear from a parent who's a mental health expert, but also to interview our very own BIS mental health experts: Ms Zhibek and Ms Valeria.



GRADE 5 FIELD TRIP



Grade 5 Blue and Yellow went on an excursion to Karagach Roache in search of composers, producers, and decomposers in the forest for our science-based unit of inquiry, How the World Works. The students carried out a nature scavenger hunt and helped to pick up trash during the visit. The trip would not be complete without a big leaf fight!



GRADE 11 FIELD TRIP

For this year's field trip Grade 11 traveled to Tamga. We stayed at a very good yurt camp and explored multiple natural sites within the region.

Right after arriving, Grade 11 decided to check out the lake, some people even decided to go for a swim. It was a nice refreshing atmosphere for them to take a break in. Others spent that free time differently; some stayed in their yurts and rested, some played with a Frisby outside, some threw rocks near the lake, and some played on the swing.

Later that evening the students made a campfire and bonded over cooking sausages and marshmallows.



The next day Grade 11 visited the Barskoon Waterfall. As much as it was for the beautiful scenery the real highlight of that visit was not the mountain peak or ravishing waterfall, the real highlight was the teamwork and spirit that Grade 11 showed when hiking up the mountain. Everyone helped each other get further up the mountain and that was very kind hearted and brave of all the students. Personally I would say that everyone has gotten a lot more comfortable with each other after that hike and a new level of trustworthiness was born within this grade.



The next day after the successful hike was the last. But just before driving back to Bishkek, Grade 11 visited the Skazka canyon. It's an impeccably gorgeous place and it is really fun to explore.



It's safe to say that grade 11 students had a wonderful time. The field trip was certainly worth the wait even though it was postponed 3 times. And sure, the students of grade 11 learned a lot of things on this trip; culture, hiking techniques, or even how to be warmer at night. But I say the most important thing that the students deduced from this adventure is that these people that were around them this trip will be the same people they see every single day when they come to school. These are the people that will have similar struggles, similar interests, and similar experiences. This is DP 1, these are hardworking and brave people that aren't afraid to ask for help when they need it.

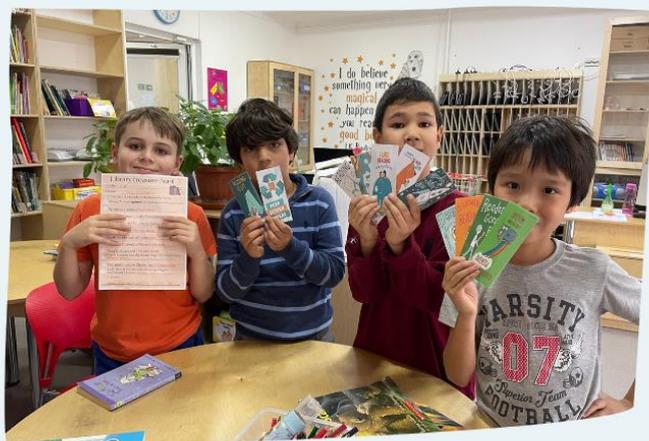
"Friendship is the hardest thing in the world to explain. It's not something you learn in school. But if you haven't learned the meaning of friendship, you really haven't learned anything." — Muhammad Ali.

Allan, Grade 11 Student

LIBRARY TREASURE HUNT GAME

We had a Library Treasure Hunt last week! While Grade 0, Grade 1 and Grade 2 students were looking for the books of different sizes, colours and on various topics, Grade 3, Grade 4 and Grade 5 students were hunting for bookmarks hidden in the books around the library.

We hope this activity will help to solidify their knowledge about the library organization, how to use our library effectively and to find any book.



Grades 3, 4 and 5 competed in House teams. The first team to collect all the bookmarks received 50 points, the 2nd – 35 and the 3rd – 20 points.

| Grade | Piranhas | Sn. Leopards | Phoenixes |
|--------------|------------|--------------|------------|
| 3Y | 50 | 20 | 35 |
| 3B | 50 | 35 | 35 |
| 4Y | 35 | 50 | 20 |
| 4B | 20 | 50 | 35 |
| 5Y | 35 | 20 | 50 |
| 5B | 35 | 50 | 20 |
| Total | 225 | 225 | 195 |



The image is a vertical poster for a Fall Festival. It features a central orange shield-shaped area with a white border. The background is a light cream color with scattered autumn leaves in shades of yellow, orange, and red. The text is centered within the shield.

FRIDAY,
OCTOBER 28TH

Fall Festival

WEAR A COSTUME TO SCHOOL
TO EARN HOUSE POINTS

HOUSE POINTS FOR THE SPORTS DAY



Phoenixes

3880



PIRANHAS

4485



SNOW LEOPARDS

4045

UPCOMING EVENTS

- 17th – 21st October, Monday-Friday: Autumn/Fall break (No School)
- 28 Oct: Fall Festival/Halloween
- 7-8 Nov: Days of History & Memory of Ancestors
- 8 Nov: Holiday moved to 24th February
- 19 Nov: BIS Annual Debate Tournament
- 25 Nov: Friendsgiving Dinner – Parents Association

LUNCH MENU

The lunch menu for October 24th – 28th is **Menu B**.

You can view both [Preschool Menu](#) and [Primary & Secondary school menu](#) on our school website. Form Teachers and our Chef are responsible for adjusting this menu to avoid any foods your child cannot eat, according to the information provided to us by you.



PRESCHOOL 1

This week, the Preschool 1 group learned about body parts. On Monday, we discussed what parts of the body each person has. The children looked at each other and described their faces and bodies, naming their eyes, ears, etc. During the circle time activity, we sang the song "Head, shoulders, knees, and toes," pointing at our body parts. The next day, we looked at human body skeletons. To learn the position of body parts, we described the skeleton and played with body

part puzzles. Kids just seem to soak up information about their own bodies. We also talked about what is the healthiest thing for our bodies; the most important things people do every day to support their health. We had the first discovery book, "My Body," and it was fantastic for little ones to get a grasp of these topics. In the math lesson, we learned the number 4 and did various counting activities. Our children had a lot of fun and interest.

Ms. Tina, Preschool 1 Homeroom Teacher



PRESCHOOL 2

Our Preschool 2 friends have been improving motor and listening skills. We practice a lot of cutting, sticking, tracing lines and listen to different sounds. Our friends now enjoy rhyming songs and are learning phonics as well, they love the alphabet songs. This all help our friends to better listen to the information during classes. These also helped them to better understand when they listen to each other while playing and talking and it improves and makes more effective their communication skills among each other which is really great and what we are really proud of.

Our friends learned this week letter P and now they count up to 10 but still are learning to identify each number by its amount. We also keep talking about emotions and try to build their characters by explaining and teaching feelings. We talk about friendship and how to be a good and a caring friend. The great thing about our friends is that now they are getting sense of belonging to the classroom and to their friends. We wish a happy fall break to our students and homeroom parents.

Ms. Dinara, Preschool 2 Homeroom Teacher



PRESCHOOL 3

This week, our preschool 3 friends did a lot of exciting activities and made colorful pictures. In Art, they made Halloween pumpkins and squirrels. They visited the library and found time to pick one of their favourite books, and listen to a story.

In English, they matched objects to sounds and also played "I spy" letter and sound games.

In Math, they counted up to number 14, forwards and backwards. For their handwriting activities, our

preschool 3 friends practiced how to write letter n and the number 2 on individual dry-erase boards and in notebooks.

Our preschool 3 friends had time to talk about their families and also made beautiful family trees.

After the break, we will orally count up to number 15, match numbers 1-5 with objects and review the letters we have learnt.

Ms. Kathy, Preschool 3 Homeroom Teacher

