

## MENU A FOR MIDDLE AND HIGH SCHOOL

Days	Morning snack		Lunch			Afternoon snack	
	Snack	Fruits	Soup	Main course	Vegetables	Snack	Fruits
Monday	Beef wraps	Apple	Meatball soup	Chicken nuggets with bulghur	Carrot, pepper, cucumbers, cherry tomatoes	Vanilla cake	Banana
Tuesday	Sandwich with cheese and vegetables	Banana	Chicken soup with stelline	Plov with beef	Cucumbers, cherry tomatoes, carrots, pepper	Syrniki	Pear
Wednesday	Chicken wraps	Mandarins	Lentil cream soup	Baked fish with potatoe wedges	Beetroots, carrots, cucumbers, cherry tomatoes	Layered pastry with cheese and spinach	Apple
Thursday	Hard boiled egg with cheese	Pear	Chicken soup with chickpea	Cutlets with mashed potatoes	Cherry tomatoes, corns, pepper, cucumbers	Pizza	Banana
Friday	Steinbrau sausage roll	Banana	Borsh	Pasta with Bolognese sauce	Cucumbers, cherry tomatoes, carrots, beetroots	Banana cake	Mandarins

## MENU B FOR MIDDLE AND HIGH SCHOOL

Days	Morning snack		Lunch			Afternoon snack	
	Snack	Fruits	Soup	Main course	Vegetables	Snack	Fruits
Monday	Beef wraps	Apple	Vegetable soup with spinach	Pasta with tomato sauce	Carrot, pepper, cucumbers, cherry tomatoes	Pizza	Banana
Tuesday	Sandwich with cheese and vegetables	Banana	Chicken soup with vermicelli	Beefstroganoff with mashed potatoes	Cucumbers, cherry tomatoes, carrots, pepper	Oatmeal biscuits	Pear
Wednesday	Chicken wraps	Peach	Ragout	Sushi	Beetroots, carrots, cucumbers, cherry tomatoes	Curd pie	Apple
Thursday	Syrniki	Mandarins	Shorpo	Samsy with chicken	Cherry tomatoes, corns, pepper, cucumbers	Potatoe patties	Banana
Friday	Steinbrau sausage roll	Banana	Cheese soup	Baked fish with rice or vegetables	Cucumbers, cherry tomatoes, carrots, beetroots	Donuts	Mandarins