



## AISB TOURNAMENT

On October 4th and 5th, our U15 and U19 girls' football teams competed in the AISB Football Tournament hosted by United World International School, and we couldn't be prouder of their performances.

Our U15 girls showed incredible determination, battling their way to a well-earned 2nd place finish. Meanwhile, our U19 girls displayed great teamwork and effort, securing a strong 3rd place.

Huge congratulations to all of our talented players for their hard work and passion on the field!



# Grade 5 Blue and Yellow Educational Visit to Karagach Park



Students discovered earthworms' critical role in decomposing dead material and releasing nutrients into the soil. We visited Karagach Park to find examples from our lessons (food chains, mushrooms, mushroom root threads, worm castings, and earthworms).



Students enthusiastically found earthworms and observed their behaviour in the park. Next, students conducted a simple experiment to determine whether worms preferred dry, wet, light, or dark areas. The worms were then safely returned to soil.

During our walk around the park, we collected 6 big bags of litter!



**Grade 5 Team**



# BIS Snapshot: AISB Tournament



# Fried Rice Experience with the Mandarin Language Group



On Wednesday, the Mandarin language group prepared Chinese fried rice with vegetables, and then enjoyed it in the small cafeteria.

Here are the opinions and comments from our participants:

**Mia: It was delicious**

**Jasmine: It was really tasty and delicious.**

**Chloe: The rice was rice.**

**Ramil: I want to eat more rice**

**Saina: It was good**

**Alan C: I wish to do more**

We shared the meal with 1st and 2nd graders who were eager to try our fried rice!

Now we're not hungry anymore, even though this all happened after lunch.



## CPR, BROC AND KTI AWARDS

A huge well done to our award winners:

### CPR (Caring, Principled, Reflective):

**Aliana** (Grade 3), **Sabina** (Grade 3), **Arsen** (Grade 5), **Toichuke** (Grade 5), **Platon** (Grade 5)

### KTI (Knowledgeable, Thinker, Inquirer):

**Larysa** (Grade 3), **Abbas** (Grade 3), **Momoka** (Grade 4), **Nathan** (Grade 4),  
**Ruhaan** (Grade 5), **Emir** (Grade 10)

### BROC (Balanced, Risk-Taker, Open-Minded, Communicator):

**Luka** (Grade 3), **Adam** (Grade 3), **Melanie** (Grade 4), **Ayana** (Grade 4), **Nil Mira** (Grade 5)

### RESILIENT (The path may be difficult, but I will succeed):

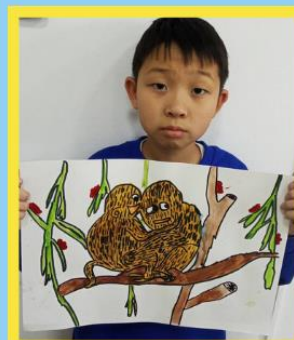
**Samira** (Grade 3), **Sayan** (Grade 3), **Kosei** (Grade 4), **Kristina** (Grade 5)

## PROTECTING THE ENDANGERED GOLDEN MONKEY

In Art Studio ECA, we paint the endangered golden monkey. Deforestation and illegal hunting are the main reasons they are disappearing.

We learned about their way of life and use our paintings to send a message to protect them!

Ms Didi



# UNDERSTANDING AND MANAGING NEGATIVE THOUGHTS



<p>OVERGENERALIZING Ollie</p>	<p>ALL OR NOTHING Allie</p>	<p>LABELING Lester</p>
<p>FILTERING Freddy</p>	<p>CATASTROPHIZING Cammie</p>	<p>MINIMIZING Maddie</p>
<p>JUMPING TO CONCLUSIONS Jazz</p>	<p>MIND READING Marty</p>	<p>BLAMING Betty</p>
<p>EMOTIONAL REASONING Ellie</p>	<p>SHOULDA Steve</p>	<p>PERSONALIZATION Pete</p>



Our brains are always thinking. It's very difficult for our brains to just sit still, so we tend to fill silent moments with thoughts about what is going on with ourselves and around us. Eventually, our brain may come up with automatic negative thoughts. It's okay to have them, but it's better to know how to control them. Our Grade 3 Yellow students were introduced to what negative thoughts are and how to manage them.

**Ms. Meerim, Primary School Counselor**



## NEW FACES AT BIS: MR. MANAS

C, C and C... Cooking, Computing and Caring! My philosophy is to fill the tongue with the tastiest of food, fill the computer with the best of programs, and fill everyone's life with the finest of care. When your belly is full, you are happy, when you are happy, you care for others, and when you care, you make people happy.

Hi, I am Manas and I am from Bharat (India). I bring over 14 years of experience in Computer Science and Educational Technology to BIS. I have been an IB examiner and moderator for Computer Science and ITGS courses of the Diploma Program, for over a decade. I used to work as a software engineer in corporates before I switched to K12 education sector as a teacher. Since then I have been teaching Computer Science and IT at various reputed IB and American schools in West Africa, Southeast Asia, and India. Outside the classroom, I like to travel. I am a foodie and am always on a hunt for a new recipe while travelling. I joined the BIS team this summer as the head of Computer Science and Design. I am here with my wife, Piyali, and daughter, Parya (a grade 3 student here at BIS).



**Mr. Manas, Head of Computer Science & Design**

## CENTRAL ASIA CROSS COUNTRY – FRI/SAT 11<sup>TH</sup>/12<sup>TH</sup> OCTOBER – KARAGACH PARK!

BIS is hosting the Central Asia X-Country for 7 schools from Kazakhstan, Uzbekistan, Tadjikistan and Kyrgyzstan in Karagach Park on Friday 11th and Saturday 12th October. International schools from Tashkent, Almaty, Dushanbe and Bishkek will all compete for the CAFA CAXC Trophies.

Everyone in the BIS Community is invited to come and support the runners on Saturday 9:00 to 13:00. [Park here](#) and [walk to here](#).



The poster for the Central Asia Cross-Country 2024 event features a vibrant orange and yellow background with a geometric pattern. At the top left, the CAFA logo is displayed, featuring a stylized orange and white running shoe with wings, and the text 'CAXC BISHKEK 2024 CAFA X-COUNTRY'. The main title 'CENTRAL ASIA CROSS-COUNTRY 2024' is prominently displayed in large, bold, white letters with a blue outline. Below the title, several school logos are arranged in a grid. From left to right, the logos include: BIS (Bishkek International School) with a mountain and stars; OSI Almaty International School with a wolf head; OSI Astana Wolves with a wolf head; QSI International School of Dushanbe with a colorful bird; ASU Wolves Athletics Team with a wolf head; KIS Wolves Kazakhstan International School with a wolf head; QSI International School of Bishkek with a wolf head; Tien Shan Nomads with a mountain and 'NOMADS' text; and Home of the Owls with an owl. At the bottom left is the CAFA logo (Central Asia Federation of Athletics, Activities and Arts) with three vertical bars labeled 'ATHLETICS', 'ACTIVITIES', and 'ARTS'. At the bottom center is a logo of a cheetah running. At the bottom right is the Haileybury Astana logo, featuring a red heart with wings and the text 'Haileybury Astana'.

**18TH OF OCTOBER, 2024**



**DRESS UP IN YOUR  
COUNTRY'S  
NATIONAL  
CLOTHES, OR IN  
COLOURS OF YOUR  
NATION'S FLAG!**

**TAKE PART IN  
THE UN PARADE  
AND REPRESENT  
YOUR COUNTRY  
ALONG OTHER  
NATIONS!**

## LIBRARY UPDATE: SCHOLASTIC BOOK ORDERS

We are happy to announce that our Book Club is up and running!

The Scholastic International School Book Club is a fantastic way to get great value children's books from around the world.



## SCHOLASTIC BOOK ORDERS



**ORDERS ARE DUE  
MONDAY,  
OCTOBER 14TH,  
2024**



**EVERY ORDER EARNS FREE BOOKS FOR  
OUR SCHOOL LIBRARY!**

**SHOP AT:**

<https://eu-shop.scholastic.co.uk/schools/bishkekinternationalschool>

**THE BOOKS WILL BE DELIVERED TO BIS DIRECTLY FROM THE UK (IN LATE NOVEMBER).**

If you have any questions about book ordering please feel free to ask [library@bis.kg](mailto:library@bis.kg)

**THANK YOU IN ADVANCE FOR FOSTERING A LOVE FOR READING IN OUR STUDENTS.**

## SCHOOL LUNCHES

*school cafeteria*

Dear Parents

If you've ever wondered about the taste and quality of our school lunches, here's your chance to experience it firsthand! From next week Monday 23 September to Friday 18 October we're inviting parents to join us for lunch and see for themselves.

To try the school lunches, please complete [this form](#) to request lunch on your preferred date. After submitting the form, you'll receive an email confirmation with the details.

On your selected day, please arrive at 13:00 and proceed to the internal reception to pay 100 som for lunch. You can then enjoy your meal in the café.

Please take note of the following menu schedule:

- 14-18 October - Menu 'D'

Link to A, B, C, D Menu can be found [here](#)

We look forward to welcoming you to our lunch table and hearing your feedback!



## OUR CURRICULUM

The curriculum for each level of the school are available online for you to review. Please check the curriculum and let us know if you have any questions.

[Preschool to G5 PYP Curriculum 24/25](#) – any questions, email Maria Corbett, PYP Coordinator, [mcorbett@bis.kg](mailto:mcorbett@bis.kg)

[Grade 6-8 MYP Curriculum 24/25](#) – any questions, email Nadine Lemoine, MYP Coordinator, [nlemoine@bis.kg](mailto:nlemoine@bis.kg)

[Grade 9-10 IGCSE Curriculum 24/25](#) – any questions, email Makiko Inaba, IGCSE Coordinator, [minaba@bi.kg](mailto:minaba@bi.kg)

[Grade 11-12 DP Curriculum 24/25](#) – any questions, email Makiko Inaba, DP Coordinator, [minaba@bis.kg](mailto:minaba@bis.kg)

## LUNCH MENU

The lunch menu for October 14<sup>th</sup> – 18<sup>th</sup> is **Menu D**. You can view the [School menu](#) on our school website. Form Teachers and our Chef are responsible for adjusting this menu to avoid any foods your child cannot eat, according to the information provided to us by you.

## UPCOMING EVENTS – 2024/25 Calendar is [here](#)

- 11-12 October: CAFA Cross Country
- 17 October, Thursday: Individual Parents-Teacher Meetings
- 18 October, Friday: UN Day at BIS
- 21-25 October: Autumn/Fall Break
- 28 October – 1 November: MYP Interdisciplinary Unit
- 31 October, Thursday: Fall Festival

## KEEP IN TOUCH

If you have anything you want to discuss or suggestions for the school, please contact your child's Homeroom or Form Teacher and they will either answer directly or pass the message on to the right person. Messages can be sent in English or Russian, or in your own language. If you do not know the correct email address for the person you want to write to, please write to [info@bis.kg](mailto:info@bis.kg) and our Reception will forward your email to the right person. Homeroom and Form Teachers for 2024/25 are given below:

Position	Name	Contact
BIS Reception	Albina / Meerim / Medina	<a href="mailto:info@bis.kg">info@bis.kg</a> ; 0312 214 406, 0770 214 406
School Bus enquiries	Burmakan Birnazarova	<a href="mailto:bus@bis.kg">bus@bis.kg</a>
ECA (extra-curricular activities) enquiries	Bojana Askovic / Nazira Almasbekova	<a href="mailto:eca@bis.kg">eca@bis.kg</a>
ManageBac & SchoolsBuddy Admin	Esentur Dildebekov	<a href="mailto:edildebekov@bis.kg">edildebekov@bis.kg</a>
Admissions Officers	Gulsara Sheraly kyzy / Begimai Urmanbetova	<a href="mailto:admissions@bis.kg">admissions@bis.kg</a> ; 0706 200 200
Registrar	Nurbek Chagataev	<a href="mailto:nchagataev@bis.kg">nchagataev@bis.kg</a>
Doctor	Asel Turusbaeva	<a href="mailto:doctor@bis.kg">doctor@bis.kg</a>
Head of School	David Grant	<a href="mailto:dgrant@bis.kg">dgrant@bis.kg</a>
Head of Administration	Mirzat Osmonova	<a href="mailto:mosmonova@bis.kg">mosmonova@bis.kg</a>
High School Assistant Principal	Nurbek Chagataev	<a href="mailto:nchagataev@bis.kg">nchagataev@bis.kg</a>
Middle School Assistant Principal	Gulbara Akunova	<a href="mailto:gakunova@bis.kg">gakunova@bis.kg</a>
Primary School Assistant Principal	Elina Ignatova	<a href="mailto:eignatova@bis.kg">eignatova@bis.kg</a>
IGCSE & DP Coordinator	Makiko Inaba	<a href="mailto:minaba@bis.kg">minaba@bis.kg</a>
MYP Coordinator	Nadine Lemoine	<a href="mailto:nlemoine@bis.kg">nlemoine@bis.kg</a>
PYP Coordinator	Maria Corbett	<a href="mailto:mcorbett@bis.kg">mcorbett@bis.kg</a>
National Curriculum Coordinator	Chynara Abdyraeva	<a href="mailto:cabdyraeva@bis.kg">cabdyraeva@bis.kg</a>

Learning Diversity, Inclusion and Counselling (LDIC) Coordinator	Kyzjibek Tekenova	<a href="mailto:ktekenova@bis.kg">ktekenova@bis.kg</a>
Chair of the Governing Board (GB)	Fred Huston	<a href="mailto:gbchair@bis.kg">gbchair@bis.kg</a>
Governing Board Secretary	Alina Seitalieva	<a href="mailto:gbsec@bis.kg">gbsec@bis.kg</a>
Parents Association President	JJ Gurga	<a href="mailto:papres@bis.kg">papres@bis.kg</a> ; <a href="mailto:pamc@bis.kg">pamc@bis.kg</a>
Parents Association Secretary	Alina Seitalieva	<a href="mailto:pasec@bis.kg">pasec@bis.kg</a>

#### Homeroom/Form Classes

Preschool 1	Guldana Muratalieva & Laura Meliou	<a href="mailto:gmuratalieva@bis.kg">gmuratalieva@bis.kg</a> ; <a href="mailto:lmeloliu@bis.kg">lmeloliu@bis.kg</a>
Preschool 2	Nuraida Asanbaeva & Zharkyn Oskonbaeva	<a href="mailto:nanasbaeva@bis.kg">nanasbaeva@bis.kg</a> ; <a href="mailto:joskonbaeva@bis.kg">joskonbaeva@bis.kg</a>
Preschool 3	Bivo Chongo & Kulkayir Junusheva & Kudrat Niyazov & Nurzat Osmonova	<a href="mailto:bchongo@bis.kg">bchongo@bis.kg</a> ; <a href="mailto:kjunusheva@bis.kg">kjunusheva@bis.kg</a> ; <a href="mailto:kniiazov@bis.kg">kniiazov@bis.kg</a> ; <a href="mailto:nosmonova@bis.kg">nosmonova@bis.kg</a>
Grade 0 Blue	Paul Fahidi & Nargiza Zhusupova	<a href="mailto:pfahidi@bis.kg">pfahidi@bis.kg</a> ; <a href="mailto:nzhusupova@bis.kg">nzhusupova@bis.kg</a>
Grade 0 Yellow	Peiying Lin & Karina Bolotkanova	<a href="mailto:plin@bis.kg">plin@bis.kg</a> ; <a href="mailto:kbolotkanova@bis.kg">kbolotkanova@bis.kg</a>
Grade 1 Blue	Nelia Mwanza & Begaiym Djumaeva	<a href="mailto:nmwanza@bis.kg">nmwanza@bis.kg</a> ; <a href="mailto:bdjumaeva@bis.kg">bdjumaeva@bis.kg</a>
Grade 1 Yellow	Begimai Keneshbekova & Rabiia Erkulova	<a href="mailto:bkeneshbekova@bis.kg">bkeneshbekova@bis.kg</a> ; <a href="mailto:rerkulova@bis.kg">rerkulova@bis.kg</a>
Grade 2 Blue	Morgan Chadderton & Kanykei Tursunalieva	<a href="mailto:mchadderton@bis.kg">mchadderton@bis.kg</a> ; <a href="mailto:ktursunalieva@bis.kg">ktursunalieva@bis.kg</a>
Grade 2 Yellow	Oksana Chichilova & Aike Uralieva	<a href="mailto:ochichilova@bis.kg">ochichilova@bis.kg</a> ; <a href="mailto:auralieva@bis.kg">auralieva@bis.kg</a>
Grade 3 Blue	Michaela Saber & Deniz Karybaeva	<a href="mailto:msaber@bis.kg">msaber@bis.kg</a> ; <a href="mailto:dkarybaeva@bis.kg">dkarybaeva@bis.kg</a>
Grade 3 Yellow	Genevieve Maser & Tilekbek Niazaliev	<a href="mailto:gmaser@bis.kg">gmaser@bis.kg</a> ; <a href="mailto:tniiazaliev@bis.kg">tniiazaliev@bis.kg</a>
Grade 4 Blue	Daniel Bilog & Gulmira Sabyrbekova	<a href="mailto:sking@bis.kg">sking@bis.kg</a> ; <a href="mailto:mtashtanova@bis.kg">mtashtanova@bis.kg</a>
Grade 4 Yellow	Ana Marie Alcala & Aizirek Dzhakypbekova	<a href="mailto:aalcala@bis.kg">aalcala@bis.kg</a> ; <a href="mailto:adzhakypbekova@bis.kg">adzhakypbekova@bis.kg</a>
Grade 5 Blue	Rona Butler & Zharkynai Ilebaeva	<a href="mailto:rbutler@bis.kg">rbutler@bis.kg</a> ; <a href="mailto:zhilebaeva@bis.kg">zhilebaeva@bis.kg</a>
Grade 5 Yellow	Natalie Small & Sezim Tologonova	<a href="mailto:nsmall@bis.kg">nsmall@bis.kg</a> ; <a href="mailto:stologonova@bis.kg">stologonova@bis.kg</a>
Grade 6	Marc Navo Garreta & Janyl Namazbekova	<a href="mailto:mgarreta@bis.kg">mgarreta@bis.kg</a> ; <a href="mailto:jnamazbekova@bis.kg">jnamazbekova@bis.kg</a>
Grade 7	Francois Spies & Nurzhamal Alyмова	<a href="mailto:fspies@bis.kg">fspies@bis.kg</a> ; <a href="mailto:nalymova@bis.kg">nalymova@bis.kg</a>
Grade 8	Steve Wagenseller & Ann Smirnova	<a href="mailto:swagenseller@bis.kg">swagenseller@bis.kg</a> ; <a href="mailto:asmirnova@bis.kg">asmirnova@bis.kg</a>
Grade 9	Lane Spies & Stephen Labanowich	<a href="mailto:lspies@bis.kg">lspies@bis.kg</a> ; <a href="mailto:slabanowich@bis.kg">slabanowich@bis.kg</a>
Grade 10	Aigul Sakieva & Aleksander Sheyerman	<a href="mailto:asakieva@bis.kg">asakieva@bis.kg</a> ; <a href="mailto:asheyerman@bis.kg">asheyerman@bis.kg</a>
Grade 11	Jan Scott & Nazira Abakirova	<a href="mailto:jscott@bis.kg">jscott@bis.kg</a> ; <a href="mailto:nabakirova@bis.kg">nabakirova@bis.kg</a>
Grade 12	Andrew Wheeler & Claire Berger	<a href="mailto:awheeler@bis.kg">awheeler@bis.kg</a> ; <a href="mailto:cberger@bis.kg">cberger@bis.kg</a>

## WHATSAPP & TELEGRAM

Most school communication is sent by email or in Voices. We also have Telegram and WhatsApp broadcast channels to repeat general email messages. The same info is on WhatsApp and Telegram, and on both English and Russian channels. If you do not check emails, join the channel that is easiest for you to follow.



[BIS news \(Eng\)](#) OR [BIS новости \(Рус\)](#)



[BIS news \(Eng\)](#) OR [BIS новости \(Рус\)](#)

## FIND US ON THE WEB



BIS website - [www.bis.kg](http://www.bis.kg)

**BAILANYSH NEWS**  
Connecting the BIS Community

[www.bailanysh.com](http://www.bailanysh.com)



[BIS Instagram - @bis.kg](#)



BIS Alumni Association - [@bis\\_alumni](#)



[BIS Facebook - facebook.com/biskgz](https://facebook.com/biskgz)



Act for Community - [@actcom.bis](#)



[Parents Association - facebook.com/bis.parents.127](https://facebook.com/bis.parents.127)



## PRESCHOOL 1

We are proud to congratulate our young learner, Nala, on receiving her first KTI award for being Knowledgeable, a Thinker, and an Inquirer.

This week was bright and colorful. As the weather is slowly getting colder, we are working to create a cozy, warm environment. Preschool 1 students are doing a fantastic job with teamwork; they are learning to build towers together using magnetic tiles, wooden blocks, and Legos. We

enjoyed many fun activities, including singing songs like "Fruits and Vegetables", "Fly Like a Butterfly," and "Five Little Monkeys Jumping on the Bed." We also made pumpkin crafts, colored heart shapes, and went on a tiny bear hunt!

We wish our students and their families good health during the cold weather.

**Ms. Guldana, Preschool 1 Homeroom Teacher**



## PRESCHOOL 2

This week, we continued talking about community helpers, and our focus was on the chef! Our little friends learned about the tools chefs use and their special costumes, including the tall chef's hat called a "toque." We also discovered that chefs work in kitchens at cafes, restaurants, hotels, and even schools, cooking delicious food for us.

The highlight of our week was a visit from our school chef, Duishon baike! Our little friends wore special toques just like his, and they were so excited to meet

the person who cooks our food at school. Together with Chef Duishon baike, we made brownies! He taught us that it's important to cook with clean hands, and our friends happily mixed the ingredients.

Our little friends also shared their favorite school foods like pizza, pasta, and rice. Chef Duishon baike reminded us that eating well helps us stay healthy and strong. We thanked him for visiting our class and sharing such a fun, tasty experience with us!

**Ms. Nuraida, Preschool 2 Homeroom Teacher**



### PRESCHOOL 3

This week was an activity-packed adventure as we explored the theme of "Food from Plants." The children had a blast learning about different fruits and vegetables! We started by reading the book "Tops and Bottoms" by Janet Stevens, which helped us understand how food from plants is grown. To make this concept even more hands-on, we planted beans in recyclable containers. The kids loved this activity, and it gave them a real-life experience of how food grows, fostering a deeper understanding of plant life.

In Math, we focused on counting from 0-10 while also sorting and categorizing foods into vegetables and fruits. The children enjoyed practicing counting by using bean seeds, making math both fun and interactive.

For Language/Phonics, we concentrated on the letter

"P" — learning its sound and form. The kids were excited to explore words like pig, pencil, pen, play, party, and present. We also tied this into our food unit by discovering fruits and vegetables that start with the letter "P" like pumpkin, plum, peach, papaya, pear, pineapple, and potato.

We read more engaging books like "Pumpkin Pie for Diggly" and "Each Peach Pear Plum", which complemented our learning.

This week was filled with excitement and discovery! We explored, counted, read, and even got a little messy in the garden! We can't wait to see how our beans grow over the next few weeks—just like our budding little learners!

**Ms. Bivo, Preschool 3 Homeroom Teacher**

