



## BALANCED WEEK ACTIVITIES

As part of our IB Learner Profile promotion initiative, this week at BIS we embraced the Balanced Week activities. Each morning, students participated in *Stretch & Move* sessions, starting their day with energizing music and movement before lessons. In the afternoons, they had the opportunity to reset and recharge through mindful activities, including guided breathing in the Primary Library and



**Stretch & Move**



**Mindful Reset**



creative breaks with doodling and coloring. These moments provided a meaningful way to stay balanced, focused, and refreshed, reinforcing the importance of physical and mental wellbeing.





## NATURE'S DYNAMIC DUO – LIVING AND NON-LIVING THINGS

Teaching about living and non-living things is an important basis to all life sciences. Grade 0 Blue has embarked on a journey to classify objects around them.

Thinking about living things was straightforward, but non-living things were more abstract. Especially things that have never been alive. The children

were tasked to categorise objects into alive, once alive and never alive.

Firstly, the students were challenged to group living things together, to discover the important characteristics they shared. The children started with observing living and non-living objects. The students' learning was powerful by building it themselves; letting them sort objects into different groups



was a great way to start this learning. Once the objects were sorted, we discussed what the living things had in common. What did they need to live? Things such as food, shelter, water and air. The next task was to group other objects into 'once alive' and 'never alive.' We learned how trees were made into tables or paper, cotton plants into t-shirts or sheep's wool into yarn. The students' inquisitive minds were ignited further by discussing at what point, while the sheep were sheared, was the fleece no longer alive. Even going into the cafeteria the children began to tell

their teachers what was alive and what was once living.

This hands-on exploration aided students to learn by grouping living and non-living things, while observing similarities and differences. They drew pictures of objects and made a large poster to categorise them, enabling the children to express themselves through their own ideas, critical thinking and reflections.

**Mr. Paul, Grade 0 Blue Homeroom Teacher**



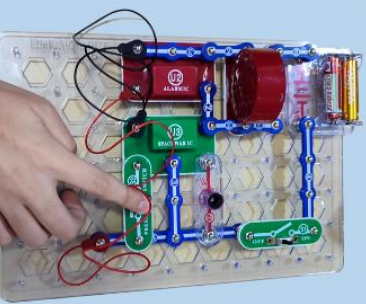
# EXPLORING ELECTRICAL CIRCUITS WITH SNAP CIRCUITS

Grade 8 students explored electrical circuits using Snap Circuits, building and testing various configurations to understand how electricity flows.

This hands-on activity allowed them to apply their knowledge of current, voltage, and circuit components in an engaging and interactive way.

**Mr. Alexander, Physics Teacher**

**Ms. Aisuloo, Science Teacher**



## CPR, BROC AND KTI AWARDS

A huge well done to our award winners:

### CPR (Caring, Principled, Reflective):

**Elias** (Grade 1), **Zihan** (Grade 2), **Aidan** (Grade 7), **Adel** (Grade 7)

### KTI (Knowledgeable, Thinker, Inquirer):

**Akmal** (Grade 1), **Alibek** (Grade 2), **Aiyang** (Grade 2), **Dominic** (Grade 8)

### BROC (Balanced, Risk-Taker, Open-Minded, Communicator):

**Alen** (Grade 1), **Zara** (Grade 1), **Viktorija** (Grade 6)

## GRADE 3 YELLOW EXPLORES ANIMAL ADAPTATIONS AT THE REHABILITATION CENTRE

Grade 3 Yellow visited the animal rehabilitation centre to observe animal adaptations and behaviour. Students observed how different body parts and shapes served an animal's survival. They also witnessed behaviour similar to ours. Our UOI goal is to better share the planet, and we understood that human-animal interactions are not always positive. However, both students and animals were happy to exchange apples and carrots!

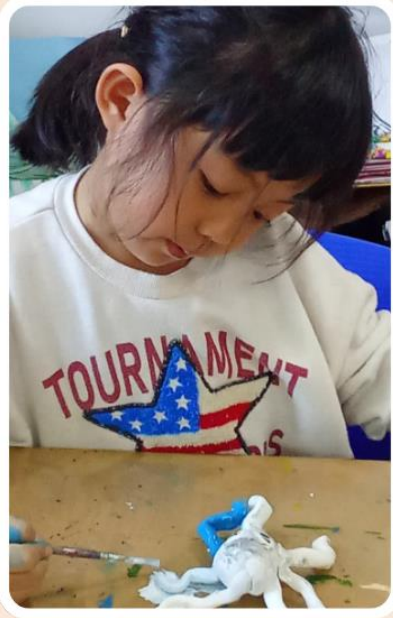
**Ms. Genevieve, Grade 3 Yellow Homeroom Teacher**



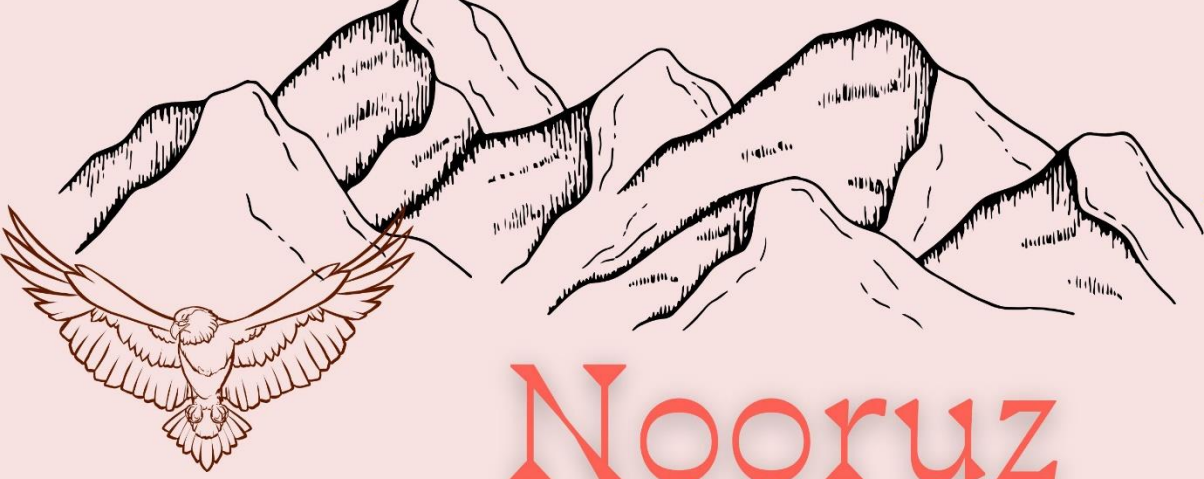
# CLAY SCULPTURE MAKING ECA

In our Clay Sculpture Making ECA, we are creating slimy creatures with three hearts and nine brains—the octopus! Students are learning fun facts about them while making stunning sculptures.

~ Ms. Didi







Nooruz

# Spring Festival

**“Traditions and Culture of Nomads through Music and Dance”**

**-Student performances**

**-Fashion show**

**-National food and games**

**◆ Date: Thursday, 27th of March**  
**Time: 14:30-17:00**

## OUR CURRICULUM

The curriculum for each level of the school are available online for you to review. Please check the curriculum and let us know if you have any questions.

[Preschool to G5 PYP Curriculum 24/25](#) – any questions, email Maria Corbett, PYP Coordinator, [mcorbett@bis.kg](mailto:mcorbett@bis.kg)

[Grade 6-8 MYP Curriculum 24/25](#) – any questions, email Nadine Lemoine, MYP Coordinator, [nlemoine@bis.kg](mailto:nlemoine@bis.kg)

[Grade 9-10 IGCSE Curriculum 24/25](#) – any questions, email Makiko Inaba, IGCSE Coordinator, [minaba@bi.kg](mailto:minaba@bi.kg)

[Grade 11-12 DP Curriculum 24/25](#) – any questions, email Makiko Inaba, DP Coordinator, [minaba@bis.kg](mailto:minaba@bis.kg)

## NEW SCHOOL MENU

The lunch menu for March 10-14 is **Menu A**. Our [updated school menu](#) (including vegetarian option) approved by the Nutrition committee is available on our school website. Form Teachers and our Chef are responsible for adjusting this menu to avoid any foods your child cannot eat, according to the information provided to us by you.

## UPCOMING EVENTS – 2024/25 Calendar is [here](#)

- 8 March, Saturday: International Women’s Day
- 12 March, Wednesday: Grade 12 CAS / Grade 11 TOK Exhibition
- 15 March, Saturday: BISMUN – Model United Nations
- 17-21 March: Spring Break
- 21 March, Friday: Nooruz
- 27 March, Thursday: Nooruz Celebration at BIS
- 31 March, Monday: Orozo Ait – public holiday
- 15 April, Tuesday: MYP Community Project Presentations

## KEEP IN TOUCH

If you have anything you want to discuss or suggestions for the school, please contact your child’s Homeroom or Form Teacher and they will either answer directly or pass the message on to the right person. Messages can be sent in English or Russian, or in your own language. If you do not know the correct email address for the person you want to write to, please write to [info@bis.kg](mailto:info@bis.kg) and our Reception will forward your email to the right person. Homeroom and Form Teachers for 2024/25 are given below:

Position	Name	Contact
BIS Reception	Albina / Meerim / Zhanara	<a href="mailto:info@bis.kg">info@bis.kg</a> ; 0312 214 406, 0770 214 406
School Bus enquiries	Burmakan Birnazarova	<a href="mailto:bus@bis.kg">bus@bis.kg</a>
ECA (extra-curricular activities)	Bojana Askovic / Nazira Almasbekova	<a href="mailto:eca@bis.kg">eca@bis.kg</a>
ManageBac & SchoolsBuddy Admin	Esentur Dildebekov	<a href="mailto:edildebekov@bis.kg">edildebekov@bis.kg</a>
Admissions Officers	Gulsara Sheraly kyzy / Begimai Urmanbetova	<a href="mailto:admissions@bis.kg">admissions@bis.kg</a> ; 0706 200 200
Registrar	Nurbek Chagataev	<a href="mailto:nchagataev@bis.kg">nchagataev@bis.kg</a>
Doctor	Asel Turusbaeva	<a href="mailto:doctor@bis.kg">doctor@bis.kg</a>
Head of School	David Grant	<a href="mailto:dgrant@bis.kg">dgrant@bis.kg</a>
Head of Administration	Mirzat Osmonova	<a href="mailto:mosmonova@bis.kg">mosmonova@bis.kg</a>
High School Assistant Principal	Nurbek Chagataev	<a href="mailto:nchagataev@bis.kg">nchagataev@bis.kg</a>
Middle School Assistant Principal	Gulbara Akunova	<a href="mailto:gakunova@bis.kg">gakunova@bis.kg</a>
Primary School Assistant Principal	Elina Ignatova	<a href="mailto:eignatova@bis.kg">eignatova@bis.kg</a>
IGCSE & DP Coordinator	Makiko Inaba	<a href="mailto:minaba@bis.kg">minaba@bis.kg</a>
MYP Coordinator	Nadine Lemoine	<a href="mailto:nlemoine@bis.kg">nlemoine@bis.kg</a>
PYP Coordinator	Maria Corbett	<a href="mailto:mcorbett@bis.kg">mcorbett@bis.kg</a>

National Curriculum Coordinator	Chynara Abdyaeva	<a href="mailto:cabdyaeva@bis.kg">cabdyaeva@bis.kg</a>
Learning Diversity, Inclusion and Counselling (LDIC) Coordinator	Kyzjibek Tekenova	<a href="mailto:ktekenova@bis.kg">ktekenova@bis.kg</a>
Chair of the Governing Board (GB)	Fred Huston	<a href="mailto:gbchair@bis.kg">gbchair@bis.kg</a>
Governing Board Secretary	Alina Seitalieva	<a href="mailto:gbsec@bis.kg">gbsec@bis.kg</a>
Parents Association President	JJ Gurga	<a href="mailto:papres@bis.kg">papres@bis.kg</a> ; <a href="mailto:pamc@bis.kg">pamc@bis.kg</a>
Parents Association Secretary	Alina Seitalieva	<a href="mailto:pasec@bis.kg">pasec@bis.kg</a>

#### Homeroom/Form Classes

Preschool 1	Laura Meliou & Aizhan Zhamanakova	<a href="mailto:lmeliou@bis.kg">lmeliou@bis.kg</a> ; <a href="mailto:azhamanakova@bis.kg">azhamanakova@bis.kg</a>
Preschool 2	Nuraida Asanbaeva & Zharkyn Oskonbaeva	<a href="mailto:lasanbaeva@bis.kg">lasanbaeva@bis.kg</a> ; <a href="mailto:joskonbaeva@bis.kg">joskonbaeva@bis.kg</a>
Preschool 3	Bivo Chongo & Kulkayir Junusheva & Nurzat Osmonova	<a href="mailto:bchongo@bis.kg">bchongo@bis.kg</a> ; <a href="mailto:kjunusheva@bis.kg">kjunusheva@bis.kg</a> ; <a href="mailto:nosmonova@bis.kg">nosmonova@bis.kg</a>
Grade 0 Blue	Paul Fahidi & Nargiza Zhusupova	<a href="mailto:pfahidi@bis.kg">pfahidi@bis.kg</a> ; <a href="mailto:nzhusupova@bis.kg">nzhusupova@bis.kg</a>
Grade 0 Yellow	Peiyang Lin & Karina Bolotkanova	<a href="mailto:plin@bis.kg">plin@bis.kg</a> ; <a href="mailto:kbolotkanova@bis.kg">kbolotkanova@bis.kg</a>
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Grade 1 Yellow	Begimai Keneshbekova & Rabiia Erkulova	<a href="mailto:bkeneshbekova@bis.kg">bkeneshbekova@bis.kg</a> ; <a href="mailto:rerkulova@bis.kg">rerkulova@bis.kg</a>
Grade 2 Blue	Morgan Chadderton & Kanykei Tursunalieva	<a href="mailto:mchadderton@bis.kg">mchadderton@bis.kg</a> ; <a href="mailto:ktursunalieva@bis.kg">ktursunalieva@bis.kg</a>
Grade 2 Yellow	Oksana Chichilova & Aike Uralieva	<a href="mailto:ochichilova@bis.kg">ochichilova@bis.kg</a> ; <a href="mailto:auralieva@bis.kg">auralieva@bis.kg</a>
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Grade 3 Yellow	Genevieve Maser & Altynai Kalieva	<a href="mailto:gmaser@bis.kg">gmaser@bis.kg</a> ; <a href="mailto:alkalieva@bis.kg">alkalieva@bis.kg</a>
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Grade 4 Yellow	Ana Marie Alcala & Aizirek Dzhakypbekova	<a href="mailto:aalcala@bis.kg">aalcala@bis.kg</a> ; <a href="mailto:adzhakypbekova@bis.kg">adzhakypbekova@bis.kg</a>
Grade 5 Blue	Rona Butler & Zharkynai Iiebaeva	<a href="mailto:rbutler@bis.kg">rbutler@bis.kg</a> ; <a href="mailto:zhilebaeva@bis.kg">zhilebaeva@bis.kg</a>
Grade 5 Yellow	Natalie Small & Sezim Tologonova	<a href="mailto:nsmall@bis.kg">nsmall@bis.kg</a> ; <a href="mailto:stologonova@bis.kg">stologonova@bis.kg</a>
Grade 6	Marc Navo Garreta & Janyl Namazbekova	<a href="mailto:mgarreta@bis.kg">mgarreta@bis.kg</a> ; <a href="mailto:jnamazbekova@bis.kg">jnamazbekova@bis.kg</a>
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Grade 8	Steve Wagenseller & Ann Smirnova	<a href="mailto:swagenseller@bis.kg">swagenseller@bis.kg</a> ; <a href="mailto:asmirnova@bis.kg">asmirnova@bis.kg</a>
Grade 9	Lane Spies & Stephen Labanowich	<a href="mailto:lspies@bis.kg">lspies@bis.kg</a> ; <a href="mailto:slabanowich@bis.kg">slabanowich@bis.kg</a>
Grade 10	Aigul Sakieva & Aleksander Sheyerman	<a href="mailto:asakieva@bis.kg">asakieva@bis.kg</a> ; <a href="mailto:asheyerman@bis.kg">asheyerman@bis.kg</a>
Grade 11	Jan Scott & Nazira Abakirova	<a href="mailto:jscott@bis.kg">jscott@bis.kg</a> ; <a href="mailto:nabakirova@bis.kg">nabakirova@bis.kg</a>
Grade 12	Andrew Wheeler & Claire Berger	<a href="mailto:awheeler@bis.kg">awheeler@bis.kg</a> ; <a href="mailto:cberger@bis.kg">cberger@bis.kg</a>

## WHATSAPP & TELEGRAM

Most school communication is sent by email or in Voices. We also have Telegram and WhatsApp broadcast channels to repeat general email messages. The same info is on WhatsApp and Telegram, and on both English and Russian channels. If you do not check emails, join the channel that is easiest for you to follow.



[BIS news \(Eng\)](#) OR [BIS новости \(Рус\)](#)



[BIS news \(Eng\)](#) OR [BIS новости \(Рус\)](#)

## FIND US ON THE WEB



BIS website - [www.bis.kg](http://www.bis.kg)

BAILANYSH NEWS

Connecting the BIS Community

[www.bailanysh.com](http://www.bailanysh.com)



[BIS Instagram - @bis.kg](#)



BIS Alumni Association - [@bis\\_alumni](#)



[BIS Facebook - facebook.com/biskgz](https://facebook.com/biskgz)



Act for Community - [@actcom.bis](#)



[Parents Association - facebook.com/bis.parents.127](https://facebook.com/bis.parents.127)



## PRESCHOOL 1

This week, Preschool 1 children explored the exciting world of animal habitats! We learned about different homes where animals live — forest, ocean, farm, jungle, and desert. The children enjoyed a fun matching activity, placing animal pictures on the blackboard and discovering where each animal belongs.

On the second day, we created special sensory sections representing the habitats: sand for the desert, water for the ocean, soft materials for the farm, green jungle with monkeys and butterflies. The children had so much fun moving animals around and imagining them in their homes!

In music and movement, we sang and danced to the song “Walking in the Jungle.” The children loved pretending to

be jungle animals – walking, jumping, and stomping like wild creatures!

During Art, we made beautiful ocean paintings using different textures and decorated them with sparkling fish made from colorful glitter. It was a creative way to explore sea life!

In Math, we focused on the number four by counting colorful dots and practicing in a playful way. Every Circle Time, we read books about animals and their habitats, helping the children learn more about the animal world.

This week was extra special because we celebrated Alan’s birthday on Wednesday! The children enjoyed the delicious cake and had a wonderful time together. It was an exciting week!

**Ms. Laura, Preschool 1 Homeroom Teacher**



## PRESCHOOL 2

This week in Preschool 2, we continued learning about farm animals and what they give us. Our little friends discovered that cows and goats give us milk, sheep's wool is used for making clothes, and chickens give us eggs. They were very engaged and curious to learn more!

In math, we focused on recognizing the number 8. The children counted sheep and glued them onto the number 8. We also practiced AB patterns using farm animals.

For art, we made cows with black spots, which helped our little friends improve their fine motor skills.

One of the most exciting moments in class was pretend milking a cow! Using a special model, the children got to experience how farmers milk cows. It was a fun and hands-on way to understand where milk comes from!

The highlight of our week was our trip to Ethnopark! We saw many farm animals, including horses, ponies, ostriches, sheep, goats, bunnies, and more. Our little friends learned that horses are big, ponies are small, and both eat hay. But what they enjoyed the most was riding the ponies—it was such a special experience for them! It was a wonderful week full of learning, exploration, and fun, and we look forward to more exciting discoveries next week!

**Ms. Nuraida, Preschool 2 Homeroom Teacher**



## PRESCHOOL 3

This week, our preschoolers had an exciting time exploring **materials and textures**! Building on last week's learning about textures, we focused on **what things are made of**, plastic, metal, fabric, glass, and wood. The children had so much fun touching, sorting, and identifying different materials in our classroom and outdoor environment.

One of our big projects was **creating a class quilt**! We used different pieces of fabric from the school to stitch together a cozy quilt. The children enjoyed feeling the different textures and working together to make something special for our classroom. Another highlight was our **woodworking project**—our school plumber helped us **build a wooden birdhouse**! The children then decorated it with materials they thought would make birds feel welcome.

In **math**, we continued practicing **measuring long and short** objects using rulers and measuring tapes. The children compared classroom items and even measured parts of our outdoor play area.

In **phonics**, we explored the **"L" sound**. The children practiced forming the letter "L" and played a scavenger hunt game to find objects that start with this sound, like **leaf, ladder, and lion** hidden around the classroom!

It was a fantastic, hands-on week full of learning, creativity, and teamwork. Thank you for your support in sending fabrics, it was wonderful to see the excitement the children had about contributing to a group project!

Ms. Bivo, Preschool 3 Homeroom Teacher

