



**Bishkek
International
School**

VoICES



Newsletter for BIS Parents and Friends. No: 4 / 2026-27

11th September 2026

MYP ADVENTURE DAYS AT ISSYK-KUL

Around 80 MYP students spent four memorable days at Ulan Camp on the shores of Issyk-Kul, enjoying a mix of outdoor activities, teamwork, and time together in the beautiful natural surroundings. As part of the trip, students planted trees and contributed to making the camp environment greener, while also having plenty of opportunities to relax, have fun, and build friendships.

The four-day adventure was a wonderful opportunity for students to step away from their usual routines, connect with nature, and create lasting memories together. Check out our next Voices newsletter for highlights from the trip!





BUILDING CLASS SPIRIT



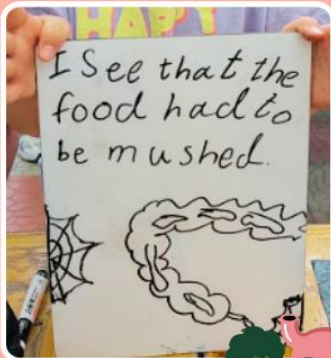
GRADES 9, 10 AND 11 AT ISSYK KUL



GRADE 2 EXPLORES THE DIGESTIVE SYSTEM



This week, Grade 2 students investigated the digestive system. They discovered that many organs work together to help our bodies digest food, absorb nutrients, and remove waste. As part of their learning, students explored the journey of food through the digestive system. They learned that digestion begins in the mouth, where food is chewed and mixed with saliva. They then investigated how food moves through the digestive tract and how the body absorbs useful nutrients and water before removing the waste that it does not need.



I see small intestine
I see large intestine
digestive system
start from the
mouth Then it go
to stomach after
it goes to small
intestine

I see how the teeth
chop it and I see
how the poop food
pipe and as I see
Mrs Aksana's poop
soft's not so hard and poops
to the and it's

I See how MRSOR SANA
eat good food and
her poop was soft.
but Mrs Maria eating
chips and cookies and
her poop was hard.



I see the small
intestine
going down.
I see the stomach

During an experiment, students compared how different types of food behave when moving through a model of the digestive system. They observed that foods containing fibre, such as fruits and vegetables, together with enough water, can help keep food softer and easier to move through the digestive system. They compared this with dry, processed foods such as chips and cookies, especially when not enough water is consumed. Students observed that the dry mixture was harder to break down and move through the model.

Students documented their observations and shared their ideas with the class. They concluded that healthy eating habits, including eating fibre-rich foods and drinking enough water, support the digestive system and help our bodies get the nutrients they need from the food we eat.

Grade 2 Team



EPIC's New Forest School Initiative



Welcome to EPIC's new initiative this year: forest school. Environmental education is an antidote to screen-based learning: it provides our children with a healthy, action-packed form of learning. Math, geography, history, and science can all be learned while building a green future. EPIC has acquired a plot of land at the Gariyev Botanical Gardens. Over the next few years, we will transform our plot from a dry, weed-filled landscape into a thriving, balanced forest and garden. Children will engineer an ecosystem using native Kyrgyz flora and fauna. Such a project is an unbeatable opportunity to build a personal and environmental legacy in Bishkek. Thank you to those students who suddenly found a great love of digging and worm-collecting!

Ms. Genevieve, EPIC Coordinator





Hello Autumn

Arts & Crafts ECA



CPR, BROC AND KTI AWARDS

CPR (Caring, Principled, Reflective):

Amir (Grade 3)

Alessandro, Aruna, Hael, Hyunjun, Nika, Oskar (Grade 4)

Tabiiat (Grade 5)

KTI (Knowledgeable, Thinkers, Inquirers):

Alexander, Saharsha, Guoran (Grade 3)

Alima, Tamara (Grade 4)

Abbas (Grade 5)

BROC (Balanced, Risk-Takers, Open-Minded, Communicators):

Josie (Grade 4)

Resilient (The path may be difficult, but I will succeed):

Umar (Grade 4)



Sign-Up: Bring Your Parents to School

YOU ARE INVITED!

Dear Parents and Guardians of Preschool and Primary School Students,

We have our PYP 'Bring Your Parents to School' days from September 24th to October 2nd, when **parents join open mini-lessons together with their children** and have a brief taste of life in the classroom.

- **Grade 5** - Thursday, 24th September - 7:45 - 9:30
- **Grade 4** - Friday, 25th September - 7:45 - 9:30
- **Grade 3** - Monday, 28th September - 7:45 - 9:30
- **Grade 2** - Tuesday, 29th September - 7:45 - 9:30
- **Grade 1** - Wednesday, 30th September - 7:45 - 9:30
- **Grade 0** - Thursday, 1st October - 7:45 - 9:30
- **All Preschool** - Friday, 2nd October - 14:30 - 15:45

[Sign up here](#) to reserve your place as an official guest of your child for their special invite day.

First, parents and guardians will have coffee/snacks and a presentation/discussion about the Primary Years Programme.

Next, parents and guardians will join their child's class to observe short sessions in the Homeroom, Library, Art, ICT, PE, Music or Dance and reflect on what they've seen in the classes.

Scheduled time for **Primary School** is **07:45 - 09:30**.

Preschool open lessons are scheduled for the afternoon at **14:30-15:45**. Children can happily go home with their parents and guardians after the event without any tears.

Please note that we need to limit attendance **to one parent or guardian per child** to make sure we have enough space in the classrooms to fit all the participants comfortably.

Elina Ignatova, Primary School Principal



CAFA CONFERENCE: ARCHITECTS OF TOMORROW – SHAPING FUTURE READY STUDENTS

BIS is hosting the CAFA Conference on September 25–26, and we invite all educators to join. The [full conference agenda is here](#) and [registration is open](#) to anyone until Friday, September 18.

This practical conference explores innovative approaches and strategies for preparing students for an ever-changing world, and how to deal with AI in education. It is a great opportunity to connect with other educators, exchange ideas, and learn from a range of engaging sessions and workshops.



The poster features a blue sky background with white clouds and snow-capped mountains at the bottom. At the top left is the BIS logo, which consists of a blue circle with a white mountain peak and the letters 'BIS' in white, surrounded by twelve yellow stars. To the right of the BIS logo is the CAFA logo, which includes three vertical blue bars with the words 'ATHLETICS', 'ACTIVITIES', and 'ARTS' in white, and the word 'CAFA' in blue below them, with the full name 'Central Asia Federation of Athletics, Activities and Arts' in small text underneath. The main title 'CAFA' is in large, bold, blue letters, followed by 'PROFESSIONAL DEVELOPMENT CONFERENCE 2026' in smaller, bold, blue letters. Below the title, there are two icons: a calendar icon and a location pin icon. The text 'SEPTEMBER 25-26TH' is next to the calendar icon, and 'BISHKEK INTERNATIONAL SCHOOL' is next to the location pin icon. At the bottom, there are two white boxes with blue borders. The first box contains the text 'PETER NILSSON' and 'KEYNOTE SPEAKER [BIO](#)'. The second box contains the text 'MAIN CONFERENCE', 'Architects of Tomorrow: Shaping Future-Ready Students', 'FROM 16:30 | SEPTEMBER 25', '8:30-17:00 | SEPTEMBER 26', 'Conference Fee: 150 USD', and a blue 'SIGN UP' button. The third box contains the text 'PRE-CONFERENCE', 'The Current State of AI - What Frontier Models Can and Cannot Do', '12:00 - 15:30 | SEPTEMBER 25', 'Pre-Conference Fee: 10 USD', and a blue 'SIGN UP' button.

PETER NILSSON [KEYNOTE SPEAKER BIO](#)

MAIN CONFERENCE
Architects of Tomorrow:
Shaping Future-Ready Students

FROM 16:30 | SEPTEMBER 25
8:30-17:00 | SEPTEMBER 26
Conference Fee: 150 USD

PRE-CONFERENCE
The Current State of AI -
What Frontier Models Can and Cannot Do

12:00 - 15:30 | SEPTEMBER 25
Pre-Conference Fee: 10 USD

CELEBRATE ASIA AT BIS ASIA DAY FESTIVAL – SATURDAY, 19TH OF SEPTEMBER, 10:00-13:00

The BIS Asia Day Festival is on Saturday 19th September, 10:00 am to 13:00, as a celebration event for the wider community. If you are interested in creating a display table or activities to celebrate the special features of any Asian country or culture, please [complete this form](#), so that we can add your country or culture to the postcards for stamp collections as children move around the event.



You are invited!

Asia Day Festival



**Travel around Asia with BIS Asia Day Festival celebrations
where you can encounter Asian food, performances, music and
much more!**

Saturday, 19th of September 2026

10:00 to 13:00

Bishkek International School
67 A Bronirovannaya st

LUNCH MENU

The lunch menu for September 14th – 18th is **Menu D**. You can view the [School menu](#) on our school website. Form Teachers and our Chef are responsible for adjusting this menu to avoid any foods your child cannot eat, according to the information provided to us by you.

UPCOMING EVENTS – 2026/27 Calendar is [here](#)

- 19th September, Saturday: Asia Day Festival
- 22nd September, Tuesday: Dinosaur Day – no screen day
- 24th September – 2nd October: PYP 'Bring your Parents to School' days
- 25-26 September, Friday-Saturday: CAFA Conference
- 30th September, Wednesday: Sports Day – Grades 4-12
- 8th October, Thursday: All Parents Meeting – Parents Association (**new date**)
- 9-10 October, Friday-Saturday: CAFA Cross Country – Karagach Roche
- 14th October, Wednesday: Mental Health Awareness Day
- 15th October, Thursday: Parent Teacher Meetings (PTMs)
- 16th October, Friday: UN Day at BIS
- 16-17 October, Friday-Saturday: AISB Football Tournament at UWIS
- 19-26 October: Autumn (Fall) Break

KEEP IN TOUCH

If you have anything you want to discuss or suggestions for the school, please contact your child's Homeroom or Form Teacher and they will either answer directly or pass the message on to the right person. Messages can be sent in English or Russian, or in your own language. If you do not know the correct email address for the person you want to write to, please write to info@bis.kg and our Reception will forward your email to the right person. Homeroom and Form Teachers for 2026/27 are given below:

Position	Name	Contact
BIS Reception	Aidana / Gulaiym / Aimira	info@bis.kg ; 0312 214 406, 0770 214 406
School Bus enquiries	Burmakan Birnazarova	bus@bis.kg
ECA (extra-curricular activities) enquiries	Bojana Askovic / Nazira Almasbekova	eca@bis.kg
ManageBac & SchoolsBuddy Administration	Esentur Dildebekov	edildebekov@bis.kg
Admissions Officers	Gulsara Sheraly kyzy / Begimai Urmanbetova	admissions@bis.kg ; 0706 200 200
Registrar	Nurbek Chagataev	nchagataev@bis.kg
Doctor	Asel Turusbaeva	doctor@bis.kg
Head of School	David Grant	dgrant@bis.kg
Head of Administration / Deputy Head of School	Mirzat Osmonova	mosmonova@bis.kg
High School Principal	Nurbek Chagataev	nchagataev@bis.kg
Middle School Principal	Gulbara Akunova	gakunova@bis.kg
Primary School Principal	Elina Ignatova	eignatova@bis.kg
High School Academic Director, DP Coordinator	Makiko Inaba	minaba@bis.kg
MYP Coordinator	Claire Berger	cberger@bis.kg
PYP Coordinator	Daniel Bilog	dbilog@bis.kg
National Curriculum Coordinator	Chynara Abdyaeva	cabdyaeva@bis.kg
Learning Diversity, Inclusion and Counselling (LDIC) Coordinator	Kyzjibek Tekenova	ktekenova@bis.kg
EPIC Coordinator	Genevieve Maser	gmaser@bis.kg
Chair of the Governing Board	Fred Huston	gbchair@bis.kg

Governing Board Secretary	Alina Seitalieva	gbsec@bis.kg
Parents Association President	Seetha Malik	papres@bis.kg ; pamc@bis.kg
Parents Association Secretary	Secretary	pasec@bis.kg
Homeroom/Form Classes		
Preschool 1	Laura Meloliu, Zhamal Amanturova & Saltanat Mamanova	lmeloliu@bis.kg ; zamturova@bis.kg ; smamanova@bis.kg
Preschool 2	Nuraida Asanbaeva & Zharkyn Oskonbaeva	nasanbaeva@bis.kg ; joskonbaeva@bis.kg
Preschool 3	Bivo Chongo & Kulkayir Junusheva & Nurzat Osmonova	bchongo@bis.kg ; kjunusheva@bis.kg ; nosmonova@bis.kg
Grade 0 Blue	Altynai Isabekova & Kanykei Tursunalieva	aisabekova@bis.kg ; ktursunalieva@bis.kg
Grade 0 Yellow	Syeda Nayna Ahmed & Begaiym Djumaeva	snaynaahmed@bis.kg ; bdjumaeva@bis.kg
Grade 1 Blue	Begimai Keneshbekova & Datkayim Uralieva	bkeneshbekova@bis.kg ; duralieva@bis.kg
Grade 1 Yellow	Abegail Delos Reyes & Rabiia Erkulova	areyes@bis.kg ; rerkulova@bis.kg
Grade 2 Blue	Oksana Chichilova & Aike Uralieva	ochichilova@bis.kg ; auralieva@bis.kg
Grade 2 Yellow	Maria Van Eeden & Erkeaiym Karypbekova	mvaneeden@bis.kg ; ekarypbekova@bis.kg
Grade 3 Blue	Niiru Singh & Aigerim Zhumabaeva	nsingh@bis.kg ; azhumabayeva@bis.kg
Grade 3 Yellow	Claudette Colinares & Nargiza Zhusupova & Altynai Kalieva	ccolinares@bis.kg ; nzhusupova@bis.kg ; alkalieva@bis.kg
Grade 4 Blue	Rona Butler & Eliza Saidalieva	rbutler@bis.kg ; esaidalieva@bis.kg
Grade 4 Yellow	Christine Fernandez & Aizirek Dzhakypbekova	cfernandez@bis.kg ; adzjakypbekova@bis.kg
Grade 5 Blue	Morgan Chadderton & Zharkynai Ilebaeva	mchadderton@bis.kg ; zhilebaeva@bis.kg
Grade 5 Yellow	Natalie Small & Sezim Tologonova	nsmall@bis.kg ; stologonova@bis.kg
Grade 6	Anjela Kozlovskaja & Marc Garreta	akozlovskaja@bis.kg ; mgarreta@bis.kg
Grade 7	Branka Kovacevic & Erkeayim Zhekshenalieva	bkovacevic@bis.kg ; zhekshenalieva@bis.kg
Grade 8	Matthew Vandewaal Valkanov & Nurzhama Alymova	mvalkanov@bis.kg ; nalymova@bis.kg
Grade 9	Maria Rojas & Sagida Satysheva & Francois Spies	mrojas@bis.kg ; ssatysheva@bis.kg ; fspies@bis.kg
Grade 10	Yana Karpenko & Ahmed Hashem	yakarpenko@bis.kg ; ahashem@bis.kg
Grade 11	Toon Cavens & Nazira Abakirova	tcavens@bis.kg ; nabakirova@bis.kg
Grade 12	Alexander Sheyerman & Lane Spies	asheyerman@bis.kg ; lspies@bis.kg

WHATSAPP & TELEGRAM

Most school communication is sent by email or in Voices. We also have Telegram and WhatsApp broadcast channels to repeat general email messages. The same info is on WhatsApp and Telegram, and on both English and Russian channels. If you do not check emails, join the channel that is easiest for you to follow.



[BIS news \(Eng\)](#) OR [BIS новости \(Рус\)](#)



[BIS news \(Eng\)](#) OR [BIS новости \(Рус\)](#)

FIND US ON THE WEB



BIS website - www.bis.kg

BAILANYSH NEWS
Connecting the BIS Community

www.bailanysh.com



BIS Instagram - [@bis.kg](https://www.instagram.com/bis.kg)



BIS Alumni Association - [@bis_alumni](https://www.instagram.com/bis_alumni)



BIS Facebook - [facebook.com/biskgz](https://www.facebook.com/biskgz)



Act for Community - [@actcom.bis](https://www.facebook.com/actcom.bis)



Parents Association - [facebook.com/bis.parents.127](https://www.facebook.com/bis.parents.127)



**Bishkek
International
School**

Preschool Discoveries

Preschool Newsletter No: 4 / 2026-27

11th September 2026

PRESCHOOL 1

This week, we began our new **“Who We Are”** unit and started exploring our bodies and how we can take care of ourselves.

We enjoyed singing the **“Little Finger”** song and using mirrors to look closely at ourselves and identify different body parts such as our eyes, nose, mouth, hands, and feet. The children were excited to point, name, and explore together.

We also had a wonderful group art experience. Working on a **large sheet of paper**, the children drew

together using both **markers and chalk**, sharing the space and exploring different ways to make marks.

Our classroom activity stations included **Play-Doh** and **dot markers**, giving the children opportunities to strengthen their fine-motor skills, be creative, and enjoy hands-on learning.

It has been a lovely start to our new unit, with many small opportunities for the children to explore **themselves, their bodies, and learn together**.

Ms. Laura, Preschool 1 Homeroom Teacher



PRESCHOOL 2

This week in Preschool 2, we started our new Unit of Inquiry, "Who We Are," with the central idea: "Family members and friends show they care by helping and sharing."

We began by talking about what a family is and the people who live with us and take care of us at home. Using family dolls and a cardboard house display, the children explored different ways we show care, such as helping, sharing, and using kind words with the people we love.

We also painted houses in our favorite colors and glued our family photos inside. This activity helped the

children connect the idea of "family" to their own homes and the people in them.

During circle time, we sang the Finger Family song, practiced counting with "Five Little Monkeys Jumped on the Bed," and counted how many people are in each of our families for Math. We also learned the names of different family members during Kyrgyz class.

It was a lovely first week of our "Who We Are" unit, exploring family, caring, helping, and sharing together.

Ms. Nuraida, Preschool 2 Homeroom Teacher



PRESCHOOL 3

This week, Preschool 3 started our first Unit of Inquiry, **Who We Are**, with our amazing central idea: *"Healthy bodies and positive relationships are important for our growth."* Our theme was **My Body and What My Body Needs**. We learned about different body parts and enjoyed naming and labelling basic parts such as our arms, legs, eyes, and ears. We also discovered that healthy food, water, exercise, movement, rest, and sleep help our bodies grow strong and healthy.

In Phonics, we began Phase 2 with the **/s/** sound. We had lots of fun making **Super Silly Soup** using sand, snakes, starfish, and socks! We also went on an exciting classroom scavenger hunt to find things beginning with /s/ and practised tracing the sound with our fingers and colourful markers.

In Math, we practised counting to 5 and sorting objects by colour and number. It was an amazing week in Preschool 3, and we look forward to many more adventures!

Ms. Bivo, Preschool 3 Homeroom Teacher

